

POOL BREAK SCHEDULE

Effective 4-5-22



Life Guard breaks are essential to the overall safety of any pool. Breaks allow guards to take a mental break and upon returning to the deck regain their focus. It also allows guards a physical break and the opportunity to check chemicals or clean, if necessary.

Guards should have a 10 minute break every hour or a 15 minute break ever two hours. The East Rowan Branch has decided to give guards a 15 minute break every two hours.

As you will see, Saturday schedules are slightly different and this is based on shift changes.



BREAK TIMES		
Monday- Thursday Pool Opens 5 AM	Friday Pool Opens 5 AM	Saturday Pool Opens 8 AM
6:45 a.m.	6:45 a.m.	9:45 a.m.
8:45 a.m.	8:45 a.m.	1:45 p.m.
10:45 a.m.	10:45 a.m.	2:30 p.m. close
12-2 p.m. closed	12-2 p.m. closed	
3:45 p.m.	3:45 p.m.	
5:45 p.m.	5:45 p.m.	
7:45 p.m.	6:30 p.m. close	
8:30 p.m. close		