

ROWAN-CABARRUS YMCA  
SUMMER CAMP 2024



# CHART YOUR COURSE



WEST CABARRUS YMCA

# CHART YOUR COURSE

## TRADITIONAL CAMP

Ages 5-12 years old | \$175 Members | \$265 Non-Members

Traditional Camp will engage in activities that will enhance their spiritual, social and emotional skills, help keep their academics on track, keep them physically active and challenge them to learn new things everyday. Campers will participate in a wide range of sports, arts and crafts, recreational swimming, STEM/science and weekly field trips. In addition, campers will engage in a variety of reading, science, and math activities throughout each session.

Campers are divided into age groups with ratios of: 1 staff: 15 campers

## TRADITIONAL CAMP SCHEDULES

Below is an example of a daily schedule:

7:00-9:00am: Stations/Arrival  
9:00-9:45: Morning Assembly  
9:45-11:00: Outdoor Play  
11:00-12:00: Arts and Crafts  
12:00-12:45 LUNCH  
12:45-2:00: Outdoor/Indoor Play  
2:00-3:00 STEM/Science  
3:00-3:30: Reading/Math Games and Activities  
3:30-4:00: Social Emotional Learning  
4:00-6:00pm: Sign Out/Stations

## YMCA STAFF & COUNSELORS

Our counselors are enthusiastic high school and college students who have a passion for leading others and want to work with kids.

Parents can leave their children at camp each day knowing that they will be well cared for by our trained staff.

All YMCA staff are CPRO/AED and First Aid Certified through the American Red Cross.

All YMCA Staff have been trained in Child Abuse Prevention and Bullying Prevention.



## BREAKFAST | LUNCH

Provided by Cabarrus County Schools

Kids will need to bring an afternoon snack.

Kids need to bring lunch and two snacks on May 28 - 31 | July 1-5 | July 29 - August 2.

## Youth Development Director

**Samantha Adams** | [sadams@rocabymca.org](mailto:sadams@rocabymca.org) | 704.795.9622

# AHOY MATEYS



**WEEK 1 | MAY 28 - 31 (CLOSED May 27)**

**Theme: Underwater/Pirates/Mermaids**

**WEEK 2 | JUNE 3 - 7**

**Theme: Disney**

**WEEK 3 | JUNE 10 - 14**

**Theme: Superheroes**

**WEEK 4 | JUNE 17 - 21**

**Theme: Sports**

**WEEK 5 | JUNE 24 - 28**

**Theme: Animals**

**WEEK 6 | JULY 1 - 5 (CLOSED July 4)**

**Theme: Stars and Stripes**

**WEEK 7 | JULY 8 - 12**

**Theme: Gamer**

**WEEK 8 | JULY 15 - 19**

**Theme: Under the Stars**

**WEEK 9 | JULY 22 - 26**

**Theme: Life in Hollywood**

**WEEK 10 | JULY 29 - AUGUST 2**

**Theme: Christmas in July**

**WEEK 11 | AUGUST 5-9**

**Theme: Summer Olympics**



## **SUGGESTED SUPPLIES FOR CAMP**

Backpack | Swimsuit | Tennis Shoes  
Towel | Bag for Wet Items | Sun Screen  
Water Bottle | Snacks | Lunch

\*Please label all items with child's name.



## **NOT ALLOWED AT CAMP**

Flip Flops | Sandals | Electronics  
Personal Toys | Cell Phones  
iPads | Apple Watches | Kindles

# SWIM TESTS

Kids will be tested on swimming ability on their first day of camp.

Kids will have the opportunity to test up to the next level at the beginning of each week.

Kids 6 and under will be in a lifejacket.

## ⇒ NON-SWIMMER

Must wear lifejacket during free swim and stay in shallow water, 3-4 feet deep.

## ⇒ INTERMEDIATE SWIMMER

Must wear lifejacket during free swim and stay in water 3-5 feet deep.

## ⇒ GOOD SWIMMER

Does not have to wear a lifejacket and can go anywhere in the pool area.

No swimming on trip days .

\*To pass a swim test, swimmer must swim free style 25 yards, exit the pool from the side without using the ladder, jump back in and tread water for 60 seconds .



# ACTIVITIES

Ga-Ga Pit  
Basketball

Soccer

Kickball

Arts and Crafts

STEM

Science Experiments

Reading

Math

Social Emotional Learning

Indoor Games

Dress Up Days

Field Trips

Swimming

Cooking



# CHART YOUR COURSE

## SPECIALTY CAMPS

Ages 8-12 years old | \$200 members | \$300 potential members

**WEEK 1 | May 28-31 | All Sports, Mad Science, Life Skills**

- **Mad Science:** Explore the world of science with experiments and science themed activities all week long!
- **Life Skills:** Do you want to know how to change a tire, cook a meal, do the laundry, etc.? This camp is for you!

**WEEK 2 | June 3-7 | Soccer, LEGO, Cooking (American Cuisine)**

- **LEGO:** Everything is awesome with LEGOs! Participate in LEGO build challenges, LEGO arts and crafts, and LEGO design.

**WEEK 3 | June 10-14 | Football, Cheer/Dance, Sci-Fi**

- **Sci-fi Camp:** In a galaxy far, far away lies exciting camp days, lightsabers, seeking out new civilizations, and finding the one ring. Experience art projects, crafts, obstacle races, and more with this themed camp!

**WEEK 4 | June 17-21 | Basketball, Photography/Graphic Design, Cooking (Mexican Cuisine)**

- **Photography/Graphic Design:** Explore the world through a photography lens. Capture moments and memories throughout camp and learn how you can edit those photos and incorporate graphic design.

**WEEK 5 | June 24-28 | Baseball/Softball, H2O Camp, Board Games**

- **H2O Camp:** Children must be able to swim for long periods of time with or without a life jacket, as we will be practicing different swim strokes, swim challenges, diving and more!
- **Board Games:** Does your child enjoy playing board games? Join us for board game camp where they will get to play board games, create their own games and characters, and learn new board games!

**WEEK 6 | NO SPECIALTY CAMPS FOR 4TH OF JULY**

**WEEK 7 | July 8-12 | Volleyball, Video Game, Cooking (Italian Cuisine)**

- **Video Game Camp:** Join us for adventures through video games. Challenging others, creating and designing your own characters, playing your favorite video games!

**WEEK 8 | July 15-19 | Soccer, Culture, Spy Kids**

- **Culture Camp:** Learn all about different cultures around the world through their traditions, food, languages, and more!
- **Spy Kids Camp:** Interested in solving mysteries, learning spy moves, and using detective skills? Join us for spy kids camp!



### SUGGESTED SUPPLIES FOR CAMP

Backpack  
Swimsuit  
Tennis Shoes  
Towel  
Bag for Wet Items  
Sun Screen  
Water Bottle  
Snacks  
Lunch  
Sports Gear  
\*Please label all items  
with child's name

### NOT ALLOWED:

Flip Flops  
Sandals  
Electronics  
Personal Toys  
Cell Phones  
iPads  
Apple Watches  
Kindles



**Youth Development Director**

**Samantha Adams | [sadams@rocabymca.org](mailto:sadams@rocabymca.org) | 704.795.9622**

# CHART YOUR COURSE

## SPECIALTY CAMPS

Ages 8-12 years old | \$200 members | \$300 potential members

WEEK 9 | July 22-26 | Baseball/Softball, Performing Arts, Cooking (Asian Cuisine)

- **Performing Arts Camp:** Do you enjoy performing through acting or dance? Join us for performing arts camp, where you will learn dance routines and have performance opportunities at camp!

WEEK 10 | Football, H2O, Space

- **H2O Camp:** Children must be able to swim for long periods of time with or without a life jacket, as we will be practicing different swim strokes, swim challenges, diving and more!
- **Space Camp:** Astronauts, planets, and stars if you dream of space this camp is for you! Complete fun space themed activities through arts and crafts, research, clay models, and more!

WEEK 11 | Basketball, LEGO, Cooking (Mediterranean Cuisine)

- **LEGO:** Everything is awesome with LEGOs! Participate in LEGO build challenges, LEGO arts and crafts, and LEGO design.

## SPECIALTY CAMP INFO

Want a more specialized camp experience or does your child have specific interests? Join us for specialty camps. In specialty camps all activities are geared towards their specialty. Activities include, arts and crafts, games, performances, science/STEM, and more! All specialty campers will also have a weekly field trip along with one swim day during the week.

## Leaders in Training (LIT's)

Ages 13-15 years old | \$125 members | \$187.50 potential members

LIT's will join others in their age group to participate in leadership building opportunities through teambuilding exercises, physical fitness activities, social emotional learning, and more! Each week they will have one swim day and field trip specifically for their group. This program is offered similar weeks to traditional camp.

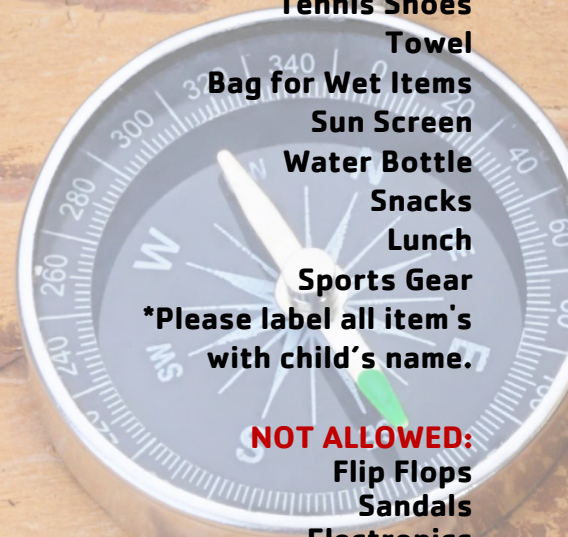


### SUGGESTED SUPPLIES FOR CAMP

Backpack  
Swimsuit  
Tennis Shoes  
Towel  
Bag for Wet Items  
Sun Screen  
Water Bottle  
Snacks  
Lunch  
Sports Gear  
\*Please label all item's with child's name.

### NOT ALLOWED:

Flip Flops  
Sandals  
Electronics  
Personal Toys  
Cell Phones  
iPads  
Apple Watches  
Kindles



Youth Development Director

Samantha Adams | [sadams@rocabymca.org](mailto:sadams@rocabymca.org) | 704.795.9622

## WEEKLY CAMP

- Traditional Camp: \$175 members | \$265 potential members
- Specialty Camp: \$200 members | \$300 potential members
- Leaders in Training: \$125 members | \$187.50 potential members
- **\*Payments are due 5 days prior to each camp week. (The Wednesday before)**
- Additional siblings from the same family receive a 10% discount when registered in the same session.

## REGISTRATION

- The required one time, non-refundable administration fee per camper is \$30.
- Go to [www.rocabymca.org](http://www.rocabymca.org) to locate summer camp registration forms for the West Cabarrus YMCA.

## CAMP DEPOSITS

- A non-refundable \$15 deposit is required for each week.
- Deposits may not be transferred from week to week.

## CANCELLATIONS

- Are required seven (7) days prior to draft date. All cancellations must be in writing and emailed to your Program Director. Failure to properly notify the YMCA will result in a full charge for an absentee week, regardless of the reason

## FINANCIAL ASSISTANCE

- Financial support is provided in part through contributions to the Rowan-Cabarrus YMCA Annual Support Campaign.
- Please obtain a confidential Open Doors application on line to apply for financial assistance.

## DAYS & TIME

- Tuesday, May 28 – Friday, August 9.
- Times for all camps: 7:00 am – 5:45 pm.
- Drop Off is 7:00 am – 9:00 am
- Campers must arrive by 9 am so they may begin their fun without interruption.
- Pick up is from 4:00 pm – 5:45 pm.

**Please drop off and pick up at the bottom of the hill.**

