

ROWAN-CABARRUS YMCA  
SUMMER CAMP 2024



# CHART YOUR COURSE



HARRISBURG YMCA

# CHART YOUR COURSE

## TRADITIONAL CAMP

Rising 1st - Age 12

Traditional Camp will engage in activities that will enhance their spiritual, social and emotional skills, help keep their academics on track, keep them physically active and challenge them to learn new things everyday. Campers will participate in a wide range of sports, arts and crafts, recreational swimming and weekly themes. In addition, campers will engage in a variety of reading, science, and math activities throughout each session.

Campers are divided into age groups with ratios of: 1 staff: 15 campers

## Leaders in Training

Ages 13-15

LIT Camp offers teens training and hands-on experience in becoming community leader. Staff members teach teen groups management skills and important leadership skills. Teens then apply these skills as they work with younger campers.

The LIT program will be offered on a weekly basis just like Traditional Camp.

## YMCA STAFF & COUNSELORS

Our counselors are enthusiastic high school and college students who have a passion for leading others and want to work with kids.

Parents can leave their children at camp each day knowing that they will be well cared for by our trained staff.

All YMCA staff are CPRO/AED and First Aid Certified through the American Red Cross.

All YMCA Staff have been trained in Child Abuse Prevention and Bullying Prevention.

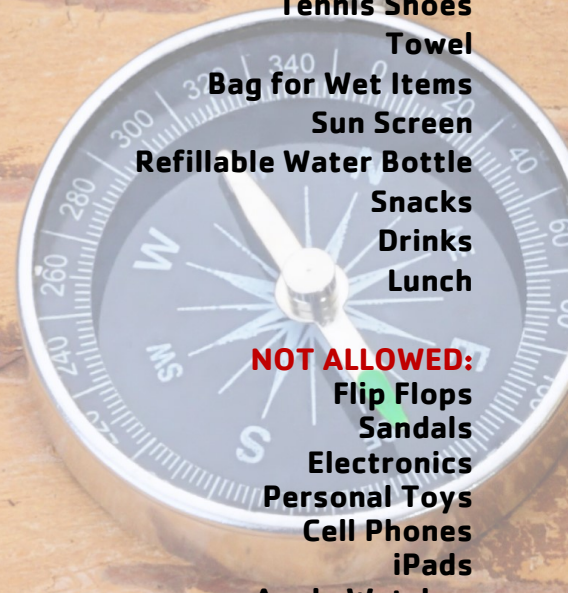


### SUGGESTED SUPPLIES FOR CAMP

Backpack  
Swimsuit  
Tennis Shoes  
Towel  
Bag for Wet Items  
Sun Screen  
Refillable Water Bottle  
Snacks  
Drinks  
Lunch

### NOT ALLOWED:

Flip Flops  
Sandals  
Electronics  
Personal Toys  
Cell Phones  
iPads  
Apple Watches  
Kindles



## BREAKFAST | LUNCH

Kids should bring a morning snack and lunch each day.

Kids will be provided an afternoon snack. They may bring an additional afternoon snack if they wish.

Youth Services Coordinator: Kimberly Fojut | [kfojut@rocabymca.org](mailto:kfojut@rocabymca.org) | 704.920.9320

# AHOY MATEYS



WEEK 1 | MAY 28 - 31 \* CLOSED May 27

WEEK 2 | JUNE 3 - 7

WEEK 3 | JUNE 10 - 14

WEEK 4 | JUNE 17 - 21

WEEK 5 | JUNE 24 - 28

WEEK 6 | JULY 1 - 5 \*CLOSED July 4

WEEK 7 | JULY 8 - 12

WEEK 8 | JULY 15 - 19

WEEK 9 | JULY 22 - 26

WEEK 10 | JULY 29 - AUGUST 2

WEEK 11 | AUGUST 5 - 9

## SWIM TESTS

Kids will have one swim day per week. They will travel by bus to a local YMCA with a pool. Kids will be tested on swimming ability on their first swim day.

- Kids will have the opportunity to test up to the next level each week.
- Kids 6 and under are required to wear a life jacket.
- Kids who are 7 and older who do not pass the swim test will need to wear a life jacket.

\*To pass a swim test, swimmer must swim free style 25 yards, exit the pool from the side without using the ladder, jump back in and tread water for 60 seconds.

## FIELD TRIPS

Kids will attend one field trip each week. Field trips are included in the price of camp. Kids will be assigned a field trip day based on the group that they are assigned to.

## ACTIVITIES

- Ga-Ga Pit
- Basketball
- Flag Football
- Soccer
- Kick Ball
- Dodge Ball
- Board Games
- Nature Trail
- Splash Pad
- Swimming
- Arts and Crafts
- STEM Activities
- Devotions
- Team Building



## WEEKLY CAMP

- YMCA Members: \$155/week | LIT Camp: \$115/week
- Non-Members: \$230 weekly | LIT Camp: \$170/week
- **\*Payments are due 5 days prior to each camp week. (The Wednesday before)**
- Additional siblings from the same family receive a 10% discount when registered in the same session.

## REGISTRATION

- The required one time, non-refundable administration fee per camper is \$30.
- Go to [www.rocabymca.org](http://www.rocabymca.org) to locate summer camp registration forms for the Harrisburg YMCA.

## CAMP DEPOSITS

- A non-refundable \$15 deposit is required for each week.
- Deposits may not be transferred from week to week.

## CANCELLATIONS

- Cancellations are required seven (7) days prior to draft date. All cancellations must be in writing and emailed to the Program Director. Failure to properly notify the YMCA will result in a full charge for an absentee week, regardless of the reason.

## FINANCIAL ASSISTANCE

- Financial support is provided in part through contributions to the Rowan-Cabarrus YMCA Annual Support Campaign.
- Please obtain a confidential Open Doors application on line to apply for financial assistance.

## DAYS & TIME

- Tuesday, May 28 - Friday, August 9.
- Times for all camps: 7am - 6 pm.
- Drop Off is 7 am - 9 am | Pick up is from 3:30 pm - 6 pm.

