



WEST CABARRUS YMCA FAMILY FUN POOL SCHEDULE
March 15th-March 31st
Pool Schedule Subject to Change based of Staff Availibility and Programs

		5:00AM	6:00AM	7:00AM	8:00AM	9:00AM	10:00AM	11:00AM	12:00PM	1:00PM	2:00PM	3:00PM	4:00PM	5:00PM	6:00PM	7:00PM	8:00PM		
SUNDAY	Lane 1	CLOSED								Family Swim 1:00p to 4:30p				CLOSED 4:30pm					
	Lane 2																		
	Lane 3																		
	Zero Depth																		
	Slide									Slide 2:00 to 4:00p									
	Hot Tub									Open 1:00-4:30p									
MONDAY	Lane 1	Closed 5:00a to 8:00a			Water Exercise 8:30a to 11:20a			Path to Wellenss 11:30a to 12:30p		Closed 1:00p to 3:00p		Open Swim 3-4p	Open Swim 4:00-7:20p		Water Exercise 7:30p to 8:15p		CLOSED 8:30pm		
	Lane 2											Swim Lesson 4:00p-7:20p							
	Lane 3																		
	Zero Depth											Swim Lessons 3:00-4:00p							
	Hot Tub				Open 3:00-8:30p														
	TUESDAY				Lane 1	Pool Closed 5:00a to 3:00p										Open 3:00-4:00p		Open Swim 4:00-7:20p	
Lane 2		Swim Lesson 4:00p-7:20p																	
Lane 3																			
Zero Depth																			
Hot Tub		Open 3:00-8:30p																	
WEDNESDAY		Lane 1	Closed 5:00a to 8:00a													Water Exercise 8:30a to 11:20a			Path to Wellenss 11:30a to 12:30p
	Lane 2	Swim Lessons 4:00-7:20p																	
	Lane 3																		
	Zero Depth	Swim Lessons 3:00-4:00p																	
	Hot Tub	Open 3:00-8:30p																	
	THURSDAY	Lane 1				Pool Closed 5:00a to 3:00p										Open 3:00-4:00p	Open Swim 4:00- 7:20p		Water Exercise 7:30p to 8:15p
Lane 2		Swim Lessons 4:00-4:20p																	
Lane 3																			
Zero Depth																			
Hot Tub		Open 3:00-8:30p																	
FRIDAY		Lane 1	Closed 5:00a to 8:00a													Water Exercise 8:30a to 11:20a			Closed 1:00p to 3:00p
	Lane 2																		
	Lane 3																		
	Zero Depth																		
	Slide	Slide 4:00 to 6:00p																	
	Slide	Open 3:00-6:30p																	
SATURDAY	Lane 1	CLOSED			Swim Lessons 8:00a to 12:00p			Family Swim 12:00p to 3:30p			CLOSED 3:30pm								
	Lane 2																		
	Lane 3																		
	Zero Depth																		
	Hot Tub				Open 8a-3:30p														

= OPEN SWIM = WATER AEROBICS = SWIM LESSONS = DAY CAMP = SAILFISH

Lifeguards have final authority on all pool safety rules and lane changes. Please be mindful of special events that may alter this schedule.
Family Fun Pool temperature is set to 86-89 degrees per YMCA Safety Standards.