



WEST CABARRUS YMCA FAMILY FUN POOL SCHEDULE
April 1st - May 6th
Pool Schedule Subject to Change based of Staff Availability and Programs

		5:00AM	6:00AM	7:00AM	8:00AM	9:00AM	10:00AM	11:00AM	12:00PM	1:00PM	2:00PM	3:00PM	4:00PM	5:00PM	6:00PM	7:00PM	8:00PM	
SUNDAY	Lane 1	CLOSED									Family Swim 1:00p to 4:30p			CLOSED 4:30pm				
	Lane 2	CLOSED									Family Swim 1:00p to 4:30p			CLOSED 4:30pm				
	Lane 3	CLOSED									Family Swim 1:00p to 4:30p			CLOSED 4:30pm				
	Zero Depth	CLOSED									Family Swim 1:00p to 4:30p			CLOSED 4:30pm				
	Slide	CLOSED									Slide 2:00 to 4:00p			CLOSED 4:30pm				
	Hot Tub	CLOSED									Open 1:00-4:30p			CLOSED 4:30pm				
MONDAY	Lane 1	Closed 5:00a to 8:00a			Water Exercise 8:30a to 11:20a			Path to Wellenss 11:30a to 12:30p		Closed 1:00p to 3:00p		Sailfish 4:20p to 7:20p			Water Exercise 7:30p to 8:15p		CLOSED 8:30pm	
	Lane 2	Closed 5:00a to 8:00a			Water Exercise 8:30a to 11:20a			Path to Wellenss 11:30a to 12:30p		Closed 1:00p to 3:00p		Sailfish 4:20p to 7:20p			Water Exercise 7:30p to 8:15p			
	Lane 3	Closed 5:00a to 8:00a			Water Exercise 8:30a to 11:20a			Path to Wellenss 11:30a to 12:30p		Closed 1:00p to 3:00p		Sailfish 4:20p to 7:20p			Water Exercise 7:30p to 8:15p			
	Zero Depth	Closed 5:00a to 8:00a			Water Exercise 8:30a to 11:20a			Path to Wellenss 11:30a to 12:30p		Closed 1:00p to 3:00p		Sailfish 4:20p to 7:20p			Water Exercise 7:30p to 8:15p			
	Hot Tub	Closed 5:00a to 8:00a			Water Exercise 8:30a to 11:20a			Path to Wellenss 11:30a to 12:30p		Closed 1:00p to 3:00p		Sailfish 4:20p to 7:20p			Water Exercise 7:30p to 8:15p			
		Closed 5:00a to 8:00a			Water Exercise 8:30a to 11:20a			Path to Wellenss 11:30a to 12:30p		Closed 1:00p to 3:00p		Sailfish 4:20p to 7:20p			Water Exercise 7:30p to 8:15p			
TUESDAY	Lane 1	Pool Closed 5:00a to 3:00p									Sailfish 4:20p to 7:20p			Water Exercise 7:30p to 8:15p		CLOSED 8:30pm		
	Lane 2	Pool Closed 5:00a to 3:00p									Sailfish 4:20p to 7:20p			Water Exercise 7:30p to 8:15p				
	Lane 3	Pool Closed 5:00a to 3:00p									Sailfish 4:20p to 7:20p			Water Exercise 7:30p to 8:15p				
	Zero Depth	Pool Closed 5:00a to 3:00p									Sailfish 4:20p to 7:20p			Water Exercise 7:30p to 8:15p				
	Hot Tub	Pool Closed 5:00a to 3:00p									Sailfish 4:20p to 7:20p			Water Exercise 7:30p to 8:15p				
		Pool Closed 5:00a to 3:00p									Sailfish 4:20p to 7:20p			Water Exercise 7:30p to 8:15p				
WEDNESDAY	Lane 1	Closed 5:00a to 8:00a			Water Exercise 8:30a to 11:20a			Path to Wellenss 11:30a to 12:30p		Closed 1:00p to 3:00p		Sailfish 4:20p to 7:20p			Water Exercise 7:30p to 8:15p		CLOSED 8:30pm	
	Lane 2	Closed 5:00a to 8:00a			Water Exercise 8:30a to 11:20a			Path to Wellenss 11:30a to 12:30p		Closed 1:00p to 3:00p		Sailfish 4:20p to 7:20p			Water Exercise 7:30p to 8:15p			
	Lane 3	Closed 5:00a to 8:00a			Water Exercise 8:30a to 11:20a			Path to Wellenss 11:30a to 12:30p		Closed 1:00p to 3:00p		Sailfish 4:20p to 7:20p			Water Exercise 7:30p to 8:15p			
	Zero Depth	Closed 5:00a to 8:00a			Water Exercise 8:30a to 11:20a			Path to Wellenss 11:30a to 12:30p		Closed 1:00p to 3:00p		Sailfish 4:20p to 7:20p			Water Exercise 7:30p to 8:15p			
	Hot Tub	Closed 5:00a to 8:00a			Water Exercise 8:30a to 11:20a			Path to Wellenss 11:30a to 12:30p		Closed 1:00p to 3:00p		Sailfish 4:20p to 7:20p			Water Exercise 7:30p to 8:15p			
		Closed 5:00a to 8:00a			Water Exercise 8:30a to 11:20a			Path to Wellenss 11:30a to 12:30p		Closed 1:00p to 3:00p		Sailfish 4:20p to 7:20p			Water Exercise 7:30p to 8:15p			
THURSDAY	Lane 1	Pool Closed 5:00a to 3:00p									Sailfish 4:20p to 7:20p			Water Exercise 7:30p to 8:15p		CLOSED 8:30pm		
	Lane 2	Pool Closed 5:00a to 3:00p									Sailfish 4:20p to 7:20p			Water Exercise 7:30p to 8:15p				
	Lane 3	Pool Closed 5:00a to 3:00p									Sailfish 4:20p to 7:20p			Water Exercise 7:30p to 8:15p				
	Zero Depth	Pool Closed 5:00a to 3:00p									Sailfish 4:20p to 7:20p			Water Exercise 7:30p to 8:15p				
	Hot Tub	Pool Closed 5:00a to 3:00p									Sailfish 4:20p to 7:20p			Water Exercise 7:30p to 8:15p				
		Pool Closed 5:00a to 3:00p									Sailfish 4:20p to 7:20p			Water Exercise 7:30p to 8:15p				
FRIDAY	Lane 1	Closed 5:00a to 8:00a			Water Exercise 8:30a to 11:20a			Closed 1:00p to 3:00p		Family Swim 3:00 to 6:30p			CLOSED 6:30pm		CLOSED 6:30pm			
	Lane 2	Closed 5:00a to 8:00a			Water Exercise 8:30a to 11:20a			Closed 1:00p to 3:00p		Family Swim 3:00 to 6:30p			CLOSED 6:30pm					
	Lane 3	Closed 5:00a to 8:00a			Water Exercise 8:30a to 11:20a			Closed 1:00p to 3:00p		Family Swim 3:00 to 6:30p			CLOSED 6:30pm					
	Zero Depth	Closed 5:00a to 8:00a			Water Exercise 8:30a to 11:20a			Closed 1:00p to 3:00p		Family Swim 3:00 to 6:30p			CLOSED 6:30pm					
	Slide	Closed 5:00a to 8:00a			Water Exercise 8:30a to 11:20a			Closed 1:00p to 3:00p		Slide 4:00 to 6:00p			CLOSED 6:30pm					
	Hot Tub	Closed 5:00a to 8:00a			Water Exercise 8:30a to 11:20a			Closed 1:00p to 3:00p		Open 3:00-6:30p			CLOSED 6:30pm					
SATURDAY	Lane 1	CLOSED			Swim Lessons 8:00a to 12:00p			Family Swim 12:00p to 3:30p			CLOSED 3:30pm							
	Lane 2	CLOSED			Swim Lessons 8:00a to 12:00p			Family Swim 12:00p to 3:30p			CLOSED 3:30pm							
	Lane 3	CLOSED			Swim Lessons 8:00a to 12:00p			Family Swim 12:00p to 3:30p			CLOSED 3:30pm							
	Zero Depth	CLOSED			Swim Lessons 8:00a to 12:00p			Family Swim 12:00p to 3:30p			CLOSED 3:30pm							
	Hot Tub	CLOSED			Swim Lessons 8:00a to 12:00p			Family Swim 12:00p to 3:30p			CLOSED 3:30pm							
		CLOSED			Swim Lessons 8:00a to 12:00p			Family Swim 12:00p to 3:30p			CLOSED 3:30pm							

= OPEN SWIM
 = WATER AEROBICS
 = SWIM LESSONS
 = DAY CAMP
 = SAILFISH

Lifeguards have final authority on all pool safety rules and lane changes. Please be mindful of special events that may alter this schedule.
 Family Fun Pool temperature is set to 86-89 degrees per YMCA Safety Standards.