



**WEST CABARRUS YMCA FAMILY FUN POOL SCHEDULE**  
**May 6 - May 26**  
**Pool Schedule Subject to Change based of Staff Availibility and Programs**

		5:00AM	6:00AM	7:00AM	8:00AM	9:00AM	10:00AM	11:00AM	12:00PM	1:00PM	2:00PM	3:00PM	4:00PM	5:00PM	6:00PM	7:00PM	8:00PM
<b>SUNDAY</b>	Lane 1	CLOSED								Family Swim 1:00p to 4:30p				CLOSED 4:30pm			
	Lane 2									Slide 2:00 to 4:00p							
	Lane 3									Open 1:00 to 4:30p							
	Zero Depth																
	Slide																
	Whirlpool																
<b>MONDAY</b>	Lane 1	Closed 5:00a to 8:00a			Water Exercise 8:30a to 11:20a			Path to Wellenss 11:30a to 12:30p	Closed 1:00p to 3:00p			Sailfish 4:20p to 7:20p		Water Exercise 7:30p to 8:15p		CLOSED 8:30pm	
	Lane 2											Swim Lessons 3:15p to 7:20p					
	Lane 3																
	Zero Depth				Open 8:00 to 1:00p								Open 3:00 to 8:30p				
	Slide																
	Whirlpool																
<b>TUESDAY</b>	Lane 1	Pool Closed 5:00a to 3:00p										Sailfish 4:20p to 7:20p		Water Exercise 7:30p to 8:15p		CLOSED 8:30pm	
	Lane 2											Swim Lessons 3:00p to 7:20p					
	Lane 3																
	Zero Depth											Open 3:00 to 8:30p					
	Slide																
	Whirlpool																
<b>WEDNESDAY</b>	Lane 1	Closed 5:00a to 8:00a			Water Exercise 8:30a to 11:20a			Path to Wellenss 11:30a to 12:30p	Closed 1:00p to 3:00p			Sailfish 4:20p to 7:20p		Water Exercise 7:30p to 8:15p		CLOSED 8:30pm	
	Lane 2											Swim Lessons 3:00p to 7:20p					
	Lane 3																
	Zero Depth				Open 8:00 to 1:00p								Open 3:00 to 8:30p				
	Slide																
	Hot Tub																
<b>THURSDAY</b>	Lane 1	Pool Closed 5:00a to 3:00p										Sailfish 4:20p to 7:20p		Water Exercise 7:30p to 8:15p		CLOSED 8:30pm	
	Lane 2											Swim Lessons 3:00p to 7:20p					
	Lane 3																
	Zero Depth											Open 3:00 to 8:30p					
	Slide																
	Whirlpool																
<b>FRIDAY</b>	Lane 1	Closed 5:00a to 8:00a			Water Exercise 8:30a to 11:20a			Open 11:20a to 1:00p	Closed 1:00p to 3:00p			Family Swim 3:00 to 6:30p		CLOSED 6:30pm			
	Lane 2											Slide 4:00 to 6:00p					
	Lane 3																
	Zero Depth				Open 8:00 to 1:00p								Open 3:00 to 6:30p				
	Slide																
	Whirlpool																
<b>SATURDAY</b>	Lane 1	CLOSED			Swim Lessons 8:00a to 12:00p			Family Swim 12:00p to 3:30p			CLOSED 3:30pm						
	Lane 2																
	Lane 3																
	Zero Depth				Open 8a to 3:30p												
	Slide																
	Whirlpool																

= OPEN SWIM  
  = WATER AEROBICS  
  = SWIM LESSONS  
  = DAY CAMP  
  = SAILFISH

**Lifeguards have final authority on all pool safety rules and lane changes. Please be mindful of special events that may alter this schedule.**  
**Family Fun Pool temperature is set to 86-89 degrees per YMCA Safety Standards.**