



LEVEL UP

ROWAN-CABARRUS YMCA



SUMMER CAMP

2025

Harrisburg YMCA

LEADERS IN TRAINING

Ages 13-15

LIT Camp offers teens training and hands on experiences in becoming community leaders. Staff members help teens develop leadership skills and provide opportunities for teens to apply those skills as they work with younger campers.

TRADITIONAL CAMP

Rising 1st - 5th grade

Summer Camp will engage in activities that will enhance their spiritual, social and emotional skills, help keep their academics on track, keep them physically active and challenge them to learn new things everyday. Campers will participate in a wide range of sports, arts and crafts, recreational swimming, STEM/science and weekly field trips. In addition, campers will engage in a variety of reading, science, and math activities throughout each session. Campers are divided into age groups with ratios of: 1 staff: 15 campers

WEEK 1 May 27 - 30 THEME Level Up! Minecraft FIELD TRIP Phar Mill Park	WEEK 2 June 2 - 6 THEME Level Up! Tetris FIELD TRIP BrickEd	WEEK 3 June 9 - 13 THEME Level Up! Donkey Kong FIELD TRIP Stars n Strikes	WEEK 4 June 16 - 20 THEME Level Up! PacMan FIELD TRIP Bowling
WEEK 5 June 23 - 27 THEME Level Up! Super Mario Bros FIELD TRIP Go Karts/Minigolf	WEEK 6 June 30 - July 3 THEME Level Up! Space Invaders FIELD TRIP Schiele Museum	WEEK 7 July 7-11 THEME Level Up! Esports FIELD TRIP Cannon Ballers	WEEK 8 July 14 - 18 THEME Level Up! Pokemon FIELD TRIP City Scavenger Hunt
WEEK 9 July 21 - 25 THEME Level Up! Roblox FIELD TRIP Carnival West Cab	WEEK 10 July 28 - Aug 1 THEME Level Up! Among Us FIELD TRIP Discovery Place	WEEK 11 Aug 4 - 8 THEME Level Up! Fort Night FIELD TRIP Laser Tag	

YMCA STAFF & COUNSELORS

Parents can leave their children at camp each day knowing that they will be well cared for by trained staff. Our counselors include enthusiastic high school students, college students and experienced educators who have a passion for teaching and leading kids. All YMCA staff are CPR/AED and First Aid Certified through the American Red Cross and have been trained in Child Abuse and Bullying Prevention.

SWIM TRIPS

Kids will have one swim trip each week at the West Cabarrus YMCA pool. Kids will test on swimming ability the first day of camp and will have the opportunity to retest to the next level each week they attend camp. Kids 6 and under are required to wear a life jacket.

- **NON-SWIMMER** -Must wear lifejacket during free swim and stay in shallow water, 3-4 feet deep.
- **INTERMEDIATE SWIMMER**-Must wear lifejacket during free swim and stay in water 3-5 feet deep.
- **GOOD SWIMMER**-Does not have to wear a lifejacket and can go anywhere in the pool area.

*To pass a swim test, swimmer must swim free style 25 yards, exit the pool from the side without using the ladder, jump back in and tread water for 60 seconds.

FIELD TRIPS

Kids will attend one field trip each week on a day designated based on the group they are assigned to. Field trips are included in the price of camp.

CAMP SCHEDULE

Camp hours are from 7:00 am to 6:00 pm. Campers must arrive by 8:45am.

Pick up is from 4:00pm – 6:00pm.

7:00–9:00am: Arrival/Stations

8:45–9:30: Morning Assembly

9:30–11:00: Outdoor Play

11:00–12:00: Arts and Crafts

12:00–12:45 LUNCH

12:45–2:00: Outdoor/Indoor Games

2:00–3:00 STEM/Science

3:00–3:30: Academic Enrichment Activities

3:30–4:00: Character Development

4:00–5:00 Outdoor/Indoor Games

5:00–6:00pm: Sign Out/Stations

ACTIVITIES

Ga-Ga Pit

Basketball

Soccer

Kickball

Indoor Games

Arts and Crafts

STEM

Character
Development

Academic Enrichment

Spirit Days

Field Trips

Swimming

Devotions

Team Building

Leader
Development

SNACKS | LUNCH

Kids should bring a morning snack and lunch each day. An afternoon snack will be provided. Kids may bring an additional snack to have in the afternoon if they so desire.

CAMP SUPPLIES

Backpack

Tennis Shoes

Swimsuit

Towel

Snacks

Bag for Wet Items

Sun Screen

Water Bottle

Lunch

NOT ALLOWED

Flip Flops

Sandals

Electronics

Personal Toys

Cell Phones

Tablets / iPads

Smart Watches

YOUTH DEVELOPMENT DIRECTOR

Heather Kendall | hkendall@rocabymca.org | 704.454.7800 or 704.920.9320

CAMP REGISTRATION | TUITION

Camp registration is week to week. Register today at www.rocabymca.org/summer-camp.

- Traditional Camp: \$160 Members | \$240 Non-Members per week. (10% Sibling Discount)
- Leaders in Training: \$120 Members | \$180 Non-Members per week
- There is a one time, non-refundable \$30 registration fee per camper due at registration.
- A non-refundable , non-transferable \$25 deposit is required for each week of camp.
- Financial assistance if available through contributions to the Rowan Cabarrus YMCA Annual Support Campaign. Obtain a confidential Open Doors application online to apply.

***Payments are due 5 days prior to each camp week.**

CANCELLATION

Cancellations are required seven (7) days prior to draft date. All cancellations must be submitted through the online cancellation form, or in writing and emailed to your Program Director. Failure to properly notify the YMCA will result in a full charge for an absentee week, regardless of the reason.



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