



LEVEL UP



SUMMER CAMP 2025

Saleeby-Fisher YMCA

ROWAN-CABARRUS YMCA

TRADITIONAL CAMP

Rising 1st - 8th grade

Traditional Camp will engage in activities that will enhance their spiritual, social and emotional skills, help keep their academics on track, keep them physically active and challenge them to learn new things everyday. Campers will participate in a wide range of sports, arts and crafts, recreational swimming, STEM/science and weekly field trips. In addition, campers will engage in a variety of reading, science, and math activities throughout each session.

Campers are divided into age groups with ratios of: 1 staff: 15 campers. The YMCA programs are not designed for a staff member and child to be 1:1 for any reason. YMCA staff are not allowed to assist children with toileting, feeding or changing clothes.

| | | | | |
|--|---|--|---|---|
| WEEK 1 May 27 - 30 THEME Super Mario <u>Closed</u> <u>May 26</u> | WEEK 2 June 2 - 6 THEME FortNite TRIP Dan Nicholas | WEEK 3 June 9 - 13 THEME Retro Games TRIP Woodleaf Lanes | WEEK 4 June 16 - 20 THEME NBA2K TRIP Jocko's | WEEK 5 June 23 - 27 THEME Minecraft TRIP *Childrens Museum Greensboro (1-4) *Stars & Strikes (5/M) |
| WEEK 6 June 30—July 3 THEME Madden TRIP Carolina Mall Theater <u>Closed</u> <u>July 4</u> | WEEK 7 July 7 - 11 THEME Pokemon TRIP *Discovery Place (1-4) *Tiger World (5/M) | WEEK 8 July 14 - 18 THEME LEGO TRIP BrickED | WEEK 9 July 20 - 25 THEME Among Us TRIP Camp Carnival (All YMCA's) | WEEK 10 July 28 - August 1 THEME Pac-Man TRIP *Money Joes (1-4) *Top Golf (5/M) |

TRADITIONAL CAMP SCHEDULE

Below is an example of daily schedule:

7:00-8:30: Stations/Arrival

8:30-9:00: Morning Assembly

9:00-11:30: Organized Activities

11:30-12:15: LUNCH

12:15-2:00 Group Assigned Swim Time / Activities / Reading

2:00-3:00 STEM/Science

3:00-3:30: Reading/Math Games and Activities

3:30-4:00: Social Emotional Learning

4:00-6:00pm: Sign Out/Stations

SENIOR PROGRAM DIRECTOR

Sarah Zander | szander@rocabymca.org | 704-279-1742

ACTIVITIES

Ga-Ga Pit | Basketball | Soccer | Kickball | Arts and Crafts | STEM
Science Experiments | Reading | Math | Social Emotional Learning
Indoor Games | Dress Up Days | Field Trips | Swimming | Cooking

SWIM TESTS

Kids will be tested on swimming ability on their first day of camp.

Kids will have the opportunity to test up to the next level at the beginning of each week.

Kids 7 and under will be in a lifejacket.

⇒ NON-SWIMMER

Must wear lifejacket during free swim and stay in shallow water, 3-4 feet deep.

⇒ INTERMEDIATE SWIMMER

Must wear lifejacket during free swim and stay in water 3-5 feet deep.

⇒ GOOD SWIMMER

Does not have to wear a lifejacket and can go anywhere in the pool area.

No swimming on trip days .

*To pass a swim test, swimmer must swim free style 25 yards, exit the pool from the side without using the ladder, jump back in and tread water for 60 seconds.

YMCA STAFF & COUNSELORS

Our counselors are enthusiastic high school and college students who have a passion for leading others and want to work with kids. Parents can leave their children at camp each day knowing that they will be well cared for by our trained staff. All YMCA staff are CPR/AED and First Aid Certified through the American Red Cross.

All YMCA Staff have been trained in Child Abuse Prevention and Bullying Prevention.

SUGGESTED SUPPLIES FOR CAMP

Backpack | Tennis Shoes | Swimsuit | Towel | Bag for Wet Items | Sun Screen
Water Bottle | Snacks | Drinks | Lunch

NOT ALLOWED

Flip Flops | Sandals | Electronics | Personal Toys | Cell Phones
iPads | Apple Watches | Stuffed Animals

*The Y will not be held responsible for lost or stolen items.

BREAKFAST & LUNCH: Provided by Schools

Kids will need to bring an afternoon snack and drink. Kids need to bring lunch and two snacks on May 27 - 30 | July 4 | July 28 - August 6.



SENIOR PROGRAM DIRECTOR

Sarah Zander | szander@rocabymca.org | 704-279-1742

SPECIALTY CAMP

Ages 8-12 years old | \$170 Members | \$255 Non-Members

Want a more specialized camp experience or does your child have specific interests? Join us for specialty camps. In specialty camps all activities are geared towards their specialty. Activities include: arts and crafts, games, performances, science/STEM, and more! All specialty campers will also have a weekly field trip along with one swim day during the week.

| | | | |
|---|--|--|--|
| <p>June 2 - 6 THEME Cooking Camp TRIP Fleming Street Bakery</p> <hr/> | <p>June 9 - 13 THEME All Sports Camp TRIP Top Golf</p> <hr/> | <p>June 16 - 20 THEME Art Camp TRIP Salisbury Art Tour</p> <hr/> | <p>June 23 - 27 THEME Wilderness Camp TRIP Fishing @ Frank Lisk Park</p> <hr/> |
| <p>July 7 - 11 THEME Video Game Camp TRIP Stars & Strikes</p> | <p>July 14 - 18 THEME Mad Science TRIP Discovery Place</p> | <p>July 20 - 25 THEME All Sports Camp TRIP TBD</p> | <p>July 28 - August 1 THEME Advanced Cooking (Ages 10-12) TRIP Fleming Street Bakery</p> |

SPORTS DIRECTOR

Sawyer Russell | srussell@rocabymca.org | 704-279-1742

Leaders in Training (LIT's)

Ages 13-15 years old | \$100 Members | \$120 Non-Members

LIT's will join others in their age group to participate in leadership building opportunities through teambuilding exercises, physical fitness activities, social emotional learning, and more! Each week they will have one swim day and field trip specifically for their group. This program is offered on the same weeks to traditional camp.

SENIOR PROGRAM DIRECTOR

Sarah Zander | szander@rocabymca.org | 704-279-1742

ROCABYMCA.ORG

WEEKLY CAMP

- Traditional Camp: \$155 Members | \$230 Non-Members
- Specialty Camp: \$170 Members | \$255 Non-Members
- Leaders in Training: \$100 Members | \$120 Non-Members

***Payments are due 5 days prior to each camp week. (The Wednesday before)**

- Additional siblings from the same family receive a 10% discount when registered in the same session.

REGISTRATION

- The required one time, non-refundable administration fee per camper is \$30.
- Go to www.rocabymca.org to locate summer camp registration forms for the Saleeby-Fisher YMCA.

CAMP DEPOSITS

- A non-refundable \$15 deposit is required for each week.
- Deposits may not be transferred from week to week.

CANCELLATIONS

- Cancellations are required seven (7) days prior to draft date. All cancellations must be submitted through the online cancellation form, or in writing and emailed to your Program Director. Failure to properly notify the YMCA will result in a full charge for an absentee week, regardless of the reason.

MEMBERSHIP AND PROGRAM SCHOLARSHIPS

- Scholarships are provided in part through contributions to the Rowan-Cabarrus YMCA Annual Support Campaign.
- Please obtain a confidential Open Doors application on line to apply for a scholarship.

DAYS & TIME

- Tuesday, May 28 - Friday, August 9.
- Times for all camps: 7:00 am - 6:00 pm.
- Drop Off is 7:00 am - 8:30 am
- Campers must arrive by 9 am so they may begin their fun without interruption.
- Pick up is from 4:00 pm - 5:45 pm.

Please drop off & pick up at Camp Flag.

