



# KANNAPOLIS YMCA LAP POOL SCHEDULE

February 13th- March 12th

*Pool Schedule Subject to Change based of Staff Availibility and Programs*

FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

	5:00AM	6:00AM	7:00AM	8:00AM	9:00AM	10:00AM	11:00AM	12:00PM	1:00PM	2:00PM	3:00PM	4:00PM	5:00PM	6:00PM	7:00PM	8:00PM	
<b>SUNDAY</b>	CLOSED										Family Swim 1:00-2:45p	Family Swim 3:00-4:30p	CLOSED 4:30p				
<b>MONDAY</b>	Closed			Open Swim 6:00-7:45a	Open Swim 8:00-9:00a	Water Aerobics 9:00-10:00a	Open Swim 10:00-10:45a	Open Swim 11:00-2:45p				Swim Lessons 3:00-5:30p	Open Swim 3:00-6:45p			Open Swim 7:00-8:30p	CLOSED 8:30p
<b>TUESDAY</b>	Closed			Open Swim 6:00-7:45a	Open Swim 8:00-10:45a		Open Swim 11:00-2:45p				Open Swim 3:00-6:45p			Open Swim 7:00-8:30p			CLOSED 8:30p
<b>WEDNESDAY</b>	Closed			Open Swim 6:00-7:45a	Open Swim 8:00-9:00a	Water Aerobics 9:00a-10:00a	Open Swim 10:00-10:45a	Open Swim 11:00-2:45p				Swim Lessons 3:00-5:30p	Open Swim 3:00-6:45p			Open Swim 7:00-8:30p	Closed 8:30p
<b>THURSDAY</b>	Closed			Open Swim 6:00-7:00a	Water Aerobics 7:00-7:45a	Open Swim 8:00-10:00a		Water Aerobics 10:00-10:45a	Open Swim 11:00-1:00p	Pool Closed 1:00 to 3:00p			Open Swim 3:00-6:45p			Open Swim 7:00-8:30p	Closed 8:30p
<b>FRIDAY</b>	Closed			Open Swim 6:00-7:45a	Open Swim 8:00-9:00a	Water Aerobics 9:00-10:00a	Open Swim 10:00-10:45a	Open Swim 11:00-2:45p				Open Swim 3:00-6:45p			Closed 6:30p		
<b>SATURDAY</b>	CLOSED				Swim Lessons 8:00-10:15a		Swim Lessons 10:30-1:00p			Open Swim 10:30a- 2:15p			Open 2:30-3:30p	Closed 3:30p			

= LAP SWIM   
  = WATER AEROBICS   
  = CURRENTS   
  = HIGH SCHOOL   
  = FAMILY/OPEN SWIM   
  = RAC   
  = SWIM LESSONS

Lifeguards have final authority on all pool safety rules and lane changes. Please be mindful of special events that may alter this schedule.  
Lap Pool temperature is set to 82-85 degrees per YMCA Safety Standards.