



# STRONG SWIMMERS CONFIDENT KIDS

**SWIM LESSONS  
KANNAPOLIS**

- >> Weekday lessons will take place twice a week on Monday & Wednesday.
- >> All lessons are 30 minutes long and will take place in the Lap pool.
- >> Space is limited for all classes. We will do our best to accommodate waiting lists but no guarantee.

SESSION	REGISTRATION	DATES	PRICE
Session 2 Saturdays	3/24/25-4/5/25	4/26/25-6/21/25	M \$75   NM \$110
Session 3 Saturdays	8/17/25-	7/12/25-9/6/25	M \$75   NM \$110
SESSION	REGISTRATION	DATES	PRICE
Session 2 Weekdays	3/6/25-3/14/25	3/24/25-4/16/25	M \$75   NM \$110
Session 3 Weekdays	4/10/25-4/18/25	4/28/25-5/21/25	M \$75   NM \$110
Session 4 Weekdays	5/13/25-5/23/25	6/2/25-6/25/25	M \$75   NM \$110

PARENT CHILD CLASSES 6 - 35 months	MONDAY & WEDNESDAY	SATURDAY
Stage A: Water Discovery 6-18 months		9:40a
Stage B: Water Exploration 19-35 months		9:40a
PRESCHOOL CLASSES 3 - 5 year olds	MONDAY & WEDNESDAY	SATURDAY
Stage 1: Water Acclimation	3:15p   3:50p	9:05a
Stage 2: Water Movement	4:25p	11:10a
Stage 3: Water Stamina		10:35a
SCHOOL AGE CLASSES 6 - 12 year olds	MONDAY & WEDNESDAY	SATURDAY
Stage 2: Water Movement	5:00p   5:35p	8:30a   11:45a
Stage 3: Water Stamina	6:10p	10:35a
Stage 4: Stroke Introduction	6:40p	10:35a
Teen Adult Class		12:20pm

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