



**LEVEL UP**

**SUMMER CAMP**



**CAMP KANNAPOLIS  
2025**

**ROWAN-CABARRUS YMCA**



# CAMP KANNAPOLIS 2025 IMPORTANT INFORMATION

## CAMP PAYMENT INFORMATION

### TRADITIONAL CAMP PRICING:

- YMCA MEMBERS: \$155 WEEKLY
- POTENTIAL MEMBERS: \$230 WEEKLY

### SPECIALTY CAMP PRICING:

- YMCA MEMBERS: \$195 WEEKLY
- POTENTIAL MEMBERS: \$290 WEEKLY

### LEADERS IN TRAINING (L.I.T.) PRICING:

- YMCA MEMBERS: \$100 WEEKLY
- POTENTIAL MEMBERS: \$120 WEEKLY

## PAYMENTS ARE DUE 5 DAYS PRIOR TO EACH CAMP WEEK (THE WEDNESDAY BEFORE)

### FINANCIAL ASSISTANCE:

- FINANCIAL SUPPORT IS PROVIDED THROUGH CONTRIBUTIONS TO THE YMCA ANNUAL SUPPORT CAMPAIGN.
- PLEASE OBTAIN AN OPEN DOORS APPLICATION ONLINE TO APPLY FOR FINANCIAL ASSISTANCE.

### REGISTRATION:

- THE REQUIRED ONE TIME, NON-REFUNDABLE ADMINISTRATION FEE PER CAMPER IS \$30.

### CAMP DEPOSITS, DISCOUNTS, & DRAFT INFORMATION:

- A NON REFUNDABLE DEPOSIT OF \$15 PER EACH WEEK REGISTERED IS REQUIRED.

- DEPOSITS ARE NON TRANSFERRABLE.
- THIS FEE CAN BE REDUCED THROUGH OUR YMCA OPEN DOOR RECIPIENTS.
- ADDITIONAL SIBLINGS FROM THE SAME FAMILY RECEIVE A 10% DISCOUNT WHEN REGISTERED FOR THE SAME CAMP SESSION DATES.
- MULTIPLE DISCOUNTS CANNOT BE COMBINED.
- ALL ACCOUNTS WILL DRAFT THE WEDNESDAY PRIOR TO THE SESSION THE CAMPER IS ATTENDING.
- A SERVICE FEE WILL BE CHARGED FOR EACH RETURNED DRAFT.
- MULTIPLE DRAFT RETURNS MAY RESULT IN A CHILD BEING REMOVED FROM THE PROGRAM.
- A LATE FEE OF \$10 WILL BE CHARGED IF PAYMENT IS NOT RECEIVED BY THE DEADLINE OF 5 DAYS PRIOR TO ATTENDANCE.
- PAYMENTS NOT COMPLETED BY THE DEADLINE OF 5 DAYS PRIOR (WEDNESDAY BEFORE) WILL RESULT IN A CHILD BEING REMOVED FROM THE PROGRAM.

### CANCELLATIONS:

- ALL CANCELLATIONS ARE REQUIRED (7) DAYS PRIOR TO THE DRAFT DATE.
- THEY MUST BE SUBMITTED THROUGH THE ONLINE CANCELLATION FORM OR IN WRITING AND EMAILED TO THE YOUTH DEVELOPMENT DIRECTOR.
- FAILURE TO PROPERLY NOTIFY THE YMCA WILL RESULT IN A FULL CHARGE FOR AN ABSENTEE WEEK, REGARDLESS OF THE REASON.

**YOUTH DEVELOPMENT DIRECTOR**

**AMANDA GORDON   agordon@rocabymca.org   704.939.9622**

# CAMP KANNAPOLIS 2025

## IMPORTANT INFORMATION

### POLICY INFORMATION

#### ADA POLICY:

We are committed to providing equal opportunity and access to all children. The Rowan-Cabarrus YMCA does not discriminate against any individual.

Everyone who attends YMCA programs has unique needs. Because every person is unique, we address each request individually. Your child's success and safety in our programs are our top priorities; therefore, we respectfully ask parents and caregivers to inform the YMCA, prior to the start of the program, or any special needs to support your child in reaching his/her full potential.

The YMCA programs are not designed for a staff member and child to be 1:1 for any reason. YMCA staff are not allowed to assist children with toileting, feeding or changing clothes.

If you have questions, please reach out to your Program Director or Branch Executive.

#### BEHAVIOR POLICY:

At the Rowan-Cabarrus YMCA, our behavior expectations and discipline procedures are based on our core Values of Caring, Honesty, Respect, Responsibility and Faith. We believe in creating a safe, secure and fun environment where all youth have the opportunity to learn the importance of demonstrating good character. We believe that, in order to do this, all youth need to know and understand the rules and expectations for appropriate behavior. We also believe that when youth do not follow the rules or when they demonstrate inappropriate behavior, we have an opportunity to help youth learn from their mistakes. The YMCA youth programs use six simple rules to communicate behavior expectations to ensure safety and create a positive environment.

1. Listen and follow directions.

2. Do what is right.

3. Keep your hands and feet to yourself.

4. Try everything and do your best.

5. Be an Upstander. If you see something, say something.

6. Be safe and have fun.

#### HEALTH AND SAFETY POLICY:

Please do not send your child to YMCA programs with any of the following symptoms:

- Sore throat
- Excessive coughing
- Diarrhea or vomiting
- Fever 100.4 & above
- Head lice
- Undiagnosed rash, sore, or skin condition
- Flu, Covid-19, Respiratory Infection
- Any other contagious disease or symptom (pink eye, chickenpox, fifth's disease, impetigo, measles, ringworm, scabies, strep throat)

The YMCA requires a doctor note for return and/or to be fever free without medicine for 24 hours with no or improved symptoms. For some illnesses, the child must be off medication for 24 hours before returning to the program.

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# CAMP KANNAPOLIS 2025 IMPORTANT INFORMATION

## CAMP DAYS AND TIMES:

- TUESDAY, MAY 27TH – FRIDAY, AUGUST 8TH
- TIMES FOR ALL CAMPS – 7AM – 5:45PM
- PARENT DROP OFF AND PICK UP SPACES ARE RESERVED ON THE PARK SIDE OF OUR MURDOCK BUILDING (NEAR THE GAGA PIT).
- DROP OFF TIME IS 7AM – 8:30AM
- TO ENSURE CAMPERS DO NOT MISS OUT ON EACH EXPERIENCE THEY WILL NEED TO BE DROPPED OFF NO LATER THAN 8:45.
- PICK UP TIME IS FROM 4PM – 5:45PM
- PLEASE COMMUNICATE ANY NEED FOR AN EARLIER PICK UP TIME OR LATER DROP OFF TIME WITH A 24 HOUR NOTICE.

## SUPPLIES FOR CAMP:

- REFILLABLE WATER BOTTLE
- BREAKFAST SNACK
- LUNCH
- ANY ADDITIONAL SNACKS PREFERRED
- BACKPACK FOR ALL ITEMS
- SWIMSUIT
- TOWEL
- WET ITEMS BAG

## ITEMS NOT ALLOWED:

- FLIP FLOPS/SANDALS
- ANY/ALL ELECTRONIC DEVICES
- PERSONAL TOYS
- PILLOWS/BLANKETS
- FOODS THAT NEED TO BE HEATED

## YMCA STAFF:

- GROUP RATIO GOAL IS 1:15
- AMERICAN RED CROSS CPRO/AED 1ST AID CERTIFIED
- ABUSE AND BULLY PREVENTION TRAINING COURSE COMPLETION REQUIRED

## ACTIVITIES

- |                   |                   |
|-------------------|-------------------|
| • FIELD TRIPS     | • CORE VALUES     |
| • VILLAGE PARK    | • WORSHIP         |
| • LIBRARY         | WEDNESDAY         |
| • GA-GA PIT       | • FUNKY FRIDAY    |
| • GYM TIME        | • SOCIAL          |
| • GROUP EXERCISE  | EMOTIONAL         |
| • MUSIC           | LEARNING          |
| • NATURE TRAILS   | • FUN COMPETITION |
| • STEM ACTIVITIES | • READING         |
| • BOARD GAMES     | PROGRAM           |
| • ARTS & CRAFTS   | • SO MUCH MORE    |
| • CAMP SONGS      |                   |



## TOSS LEARNING LOSS

LEARNING WHILE WE HAVE FUN ALL SUMMER IS SOMETHING WE VALUE AT THE YMCA. COMBATting SUMMER LEARNING LOSS IS OUR GOAL. WHILE WORKING IN PARTNERSHIP WITH LOCAL SCHOOL SYSTEMS, YMCA CAMPS ARE INTENTIONAL ABOUT SUPPORTING OUR CAMPERS DEVELOPMENT. WE STRIVE TO CREATE NEW LEARNING EXPERIENCES TO ENHANCE READING COMPREHENSION, STEM SKILLS, AND SOCIAL EMOTIONAL GROWTH TO KEEP CAMPERS RIGHT ON TRACK FOR THE UPCOMING SCHOOL YEAR!

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# CAMP KANNAPOLIS 2025 IMPORTANT INFORMATION

## CAMP SWIM DAY INFORMATION:

- ALL CAMPERS SWIM TWICE A WEEK.
- PLEASE BE AWARE OF THE WEEKLY SCHEDULES FOR SWIM DAYS TO MAKE SURE YOUR CAMPER IS PREPARED.
- CAMPERS NEED TO ARRIVE ON SWIM DAYS WITH SWIM SUITS ALREADY ON EITHER UNDER CLOTHES (GIRLS) OR AS SHORTS WITH A SHIRT (BOYS).
- CHANGE OF CLOTHES FOR AFTER SWIM
- A TOWEL
- A WET BAG FOR WET ITEMS AFTER SWIM

## SWIM TEST

A Swim Test is required for ages 7 and up who wish to swim without a coast guard approved life vest.

- Front crawl 25 yards, without touching sides, lane lines or bottom of pool. No underwater swim or doggie paddle.
- Demonstrate some rotary breathing.
- Upon completion of 25 yards, swimmer will climb out of the pool, unassisted, without using a ladder.
- Jump into the deep end, fully submerge, recover and tread water for one minute.

## SWIMMER SAFETY INFORMATION:

- NON-SWIMMERS AND ALL CHILDREN AGE 6 AND YOUNGER ARE REQUIRED TO WEAR COAST GUARD APPROVED LIFE JACKETS PROVIDED BY THE YMCA.
- SWIM TESTS WILL BE GIVEN THE FIRST SWIM DAY FOR EACH CAMPER AND CAN BE RE-TAKEN IF NEEDED ON THE FIRST SWIM DAY OF EACH CAMP WEEK.
- NO SWIM DAYS ON FIELD TRIP DAYS.
- OUR POOL LIFEGUARDS ARE FULLY TRAINED IN CPRO/AED AND 1ST AID (PROFESSIONAL RESCUERS) THROUGH THE AMERICAN RED CROSS AND WILL ALWAYS BE ON DUTY DURING ANY POOL TIME.
- OUR COUNSELORS ARE PRESENT BOTH ON THE POOL DECK AND IN THE POOL DURING ANY POOL TIME.

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# TRADITIONAL CAMP



## AGES 5 – 12:

Traditional Camp will engage in activities and field trips that enhance their spiritual, social and emotional skills, help keep their academics on track, keep them physically active and challenge their curiosity to grow. Campers will participate in a wide range of sports, arts, crafts, instructional and recreational swim. Our fun weekly themes help campers engage in a variety of reading, science, and math activities throughout each session.

### DAILY CAMP SCHEDULE EXAMPLE:

**7:00 – 8:45 am: Rides In/ Activity Stations**

**9:00 – 9:45: Breakfast Reading Time**

**9:45 – 10:15: Morning Assembly**

**10:15 – 11:45: Counselor Led Activities (Arts, Crafts, Outdoors, Games, and STEM)**

**11:45 – 12:30: LUNCH**

**12:30 – 1:00: Social Emotional Skills/Character Value Focus Based Activities**

**1:00 – 2:00: Counselor Led Activities (Arts, Crafts, Outdoors, Games, and STEM)**

**2:00 – 2:30: Afternoon Assembly**

**2:30 – 3:30: Counselor Led Activities (Arts, Crafts, Outdoors, Games, and STEM)**

**3:30 – 5:45: Activity Stations/Rides Out**

#### WEEK 1

May 27 – 30

#### THEME

SONIC

#### WEEK 5

June 23 – 27

#### THEME

AMONG US

#### WEEK 9

July 21 – 25

#### THEME

TETRIS

#### WEEK 2

June 2 – 6

#### THEME

MINECRAFT

#### WEEK 6

June 30 – July 3

#### THEME

PAC-MAN

#### WEEK 10

July 28 – Aug 1

#### THEME

DONKEY KONG

#### WEEK 3

June 9 – 13

#### THEME

FORTNITE

#### WEEK 7

July 7 – 11

#### THEME

SUPER MARIO

#### WEEK 11

Aug 4 – 8

#### THEME

ZELDA

#### WEEK 4

June 16 – 20

#### THEME

FROGGER

#### WEEK 8

July 14 – 18

#### THEME

ROBLOX



# SPECIALTY CAMP

**Ages 8-12 yrs old**

Specialty Camp allows campers to not only participate in the traditional camp experience but also lets them dive deeper and focus on developing more skills in an area they are interested in. From varying sports, sciences, art, aquatics, technology and more, we offer a wide variety of specialty camps that will excite each camper providing them with a transformative summer.

## WEEK 1

May 27 - 30

NO  
SPECIALTY  
CAMP

## WEEK 5

June 23 - 27

FOOTBALL FRENZY

## WEEK 9

July 21 - 25

ULTIMATE SPORTS

## WEEK 2

June 2 - 6

SWISH SKILLS  
BASKETBALL

## WEEK 6

June 30 - July 3

NO  
SPECIALTY  
CAMP

## WEEK 10

July 28 - Aug 1

MYSTERY ISLAND  
AQUATICS

ARTISTIC ESCAPE

## WEEK 3

June 9 - 13

POKEMON

ARTS & GARDENING

## WEEK 7

July 7 - 11

VIDEO GAME  
E-SPORTS

WILDERNESS

## WEEK 11

Aug 4 - 8

NO  
SPECIALTY  
CAMP

## WEEK 4

June 16 - 20

GROSSOLOGY

ANIMAL PLANET

## WEEK 8

July 14 - 18

LEGO BRICKOLOGY

CULINARY CANVAS

\*SPECIALTY CAMP  
PARTICIPANTS WILL  
HAVE A SPECIAL  
FIELD TRIP AND/OR  
MENTOR VISIT  
RELATING TO THAT  
AREA OF FOCUS.

# LEADER'S IN TRAINING

**Ages 13-15 yrs old**

L.I.T.'s enjoy a summer of expanding their own experiences and developing leadership skills. They will spend the day working with a group of peers to help understand our core values better. They will be able to apply these values by creating crafts, leading games, and most importantly mentoring young campers. They will attend traditional camp field trips along with weekly age appropriate trips with their own group.

Prospective L.I.T.'s will apply/interview for this position with our camp director prior to registration.

