

## YOUR ORAL HYGENE AND YOUR SMILE HOW DOES YOUR DENTAL HEALTH IMPACT YOU?

Active Older Adults | Lunch & Learn | Potluck\* WEST CABARRUS YMCA

Meet Dr. Henry Duncan, D.D.S., who will discuss the importance of dental health as you age.

Thursday, February 27, 2025 12 pm - 2 pm in the Williams Room \*Please bring a dish to share

Please Register online, through the YMCA360 App or scan the QR code.

Your smile is the prettiest thing you'll ever wear.



For more information email Jeana Gispert, AOA Coordinator jgispert@rocabymca.org



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