



LEVEL UP



SUMMER CAMP 2025

West Cabarrus YMCA
ROWAN-CABARRUS YMCA

TRADITIONAL CAMP

Ages 5-12 | \$180 members per week | \$275 nonmembers per week

Traditional Camp will engage in activities that will enhance their spiritual, social and emotional skills, help keep their academics on track, keep them physically active and challenge them to learn new things everyday. Campers will participate in a wide range of sports, arts and crafts, recreational swimming, STEM/science, weekly field trips, and have 2 days of swimming each week. In addition, campers will engage in a variety of reading, science, and math activities throughout each session.

Campers are divided into grade level groups with ratios of: 1 staff: 15 campers

TRADITIONAL CAMP SCHEDULE

Below is an example of daily schedule:

7:00-9:00am: Stations/Arrival

9:00-9:45: Breakfast/Reading

9:45-10:15: Morning Assembly

10:15-11:45: Counselor Led Activity (Arts and Crafts, Outdoor Play, STEM, Science, etc.)

11:45-12:30 LUNCH

12:30-1:00: Character Building/Social Emotional Learning/Teambuilding

1:00-2:00: Counselor Led Activity (Arts and Crafts, Outdoor Play, STEM, Science, etc.)

2:00-2:30: Afternoon Assembly

2:30-4:00: Counselor Led Activity (Arts and Crafts, Outdoor Play, STEM, Science, etc.)

4:00-6:00pm: Sign Out/Stations

WEEK 1

May 27 - 30

THEME

Super Mario

WEEK 6

June 30 - July 3

THEME

Madden

WEEK 11

August 4 - 8

THEME

Sonic

WEEK 2

June 2 - 6

THEME

Fortnite

WEEK 7

July 7 - 11

THEME

Pokémon

WEEK 3

June 9 - 13

THEME

Retro Games

WEEK 8

July 14 - 18

THEME

Among Us

WEEK 4

June 16 - 20

THEME

NBA2K

WEEK 9

July 20 - 25

THEME

LEGO

WEEK 5

June 23 - 27

THEME

Minecraft

WEEK 10

July 28 - August 1

THEME

Roblox

YOUTH DEVELOPMENT DIRECTOR

Samantha Adams | sadams@rocabymca.org | 704.795.9622

ROCABYMCA.ORG

ACTIVITIES

Ga-Ga Pit | Basketball | Soccer | Kickball | Arts and Crafts | STEM
Science Experiments | Reading | Math | Social Emotional Learning
Indoor Games | Dress Up Days | Field Trips | Swimming | Cooking

SWIM TESTS

Kids will be tested on swimming ability on their first day of swimming by a certified lifeguard

Kids will have the opportunity to test up to the next level at the beginning of each week.

Kids 6 and under will be in a lifejacket.

⇒ NON-SWIMMER

Must wear lifejacket during free swim and stay in shallow water, 3-4 feet deep.

⇒ INTERMEDIATE SWIMMER

Must wear lifejacket during free swim and stay in water 3-5 feet deep.

⇒ GOOD SWIMMER

Does not have to wear a lifejacket and can go anywhere in the pool area.

No swimming on trip days .

*To pass a swim test, swimmer must swim free style 25 yards, exit the pool from the side without using the ladder, jump back in and tread water for 60 seconds.

YMCA STAFF & COUNSELORS

Our counselors are enthusiastic high school and college students who have a passion for leading others and want to work with kids. Parents can leave their children at camp each day knowing that they will be well cared for by our trained staff. All YMCA staff are CPR/AED and First Aid Certified through the American Red Cross. All YMCA Staff have been trained in Child Abuse Prevention and Bullying Prevention.

SUGGESTED SUPPLIES FOR CAMP

Backpack | Tennis Shoes | Swimsuit | Towel | Bag for Wet Items | Sun Screen
Water Bottle | Snacks | Drinks | Lunch

NOT ALLOWED

Flip Flops | Sandals | Electronics | Personal Toys | Cell Phones
iPads | Apple Watches



BREAKFAST & LUNCH: Provided by Cabarrus County Schools

Kids will need to bring an afternoon snack daily Kids need to bring lunch and two snacks on May 27-30 | June 30-July3 | August 4-8

YOUTH DEVELOPMENT DIRECTOR

Samantha Adams | sadams@rocabymca.org | 704.795.9622

SPECIALTY CAMP

Ages 8-12 years old | \$200 Members per week | \$300 Non-Members per week

Want a more specialized camp experience or does your child have specific interests? Join us for specialty camps. In specialty camps all activities are geared towards their specialty. Activities include, arts and crafts, games, performances, science/STEM, and more! All specialty campers will also have a weekly field trip along with one swim day during the week.

WEEK 1

May 27 - 30

THEMES

Cooking:
American Cuisine
Photography
Football

WEEK 6

June 30 - July 3

THEMES

Cooking:
American Cuisine
Board Games
H2O

WEEK 11

August 4 - 8

THEME

Performing Arts
Photography
Video Game

WEEK 2

June 2 - 6

THEMES

Cooking:
Breakfast
LEGO
Soccer

WEEK 7

July 7 - 11

THEMES

Cooking:
Surf n Turf
Space Camp
Racquet Sports

WEEK 3

June 9 - 13

THEMES

Cooking:
Asian Cuisine
Video Game
Baseball/Softball

WEEK 8

July 14 - 18

THEMES

Cooking:
Mediterranean
Cuisine
Visual Arts
Soccer

WEEK 4

June 16 - 20

THEMES

Cooking:
Baking
Cheer/Dance
Basketball

WEEK 9

July 20 - 25

THEMES

Cooking:
Christmas in July
Mad Science
Baseball/Softball

WEEK 5

June 23 - 27

THEMES

Cooking:
Mexican Cuisine
SciFi
Volleyball

WEEK 10

July 28 - August 1

THEMES

Cooking:
Sandwich Week
Spy Kids
Basketball

SPORTS & FAMILY SERVICES DIRECTOR

Connor Rudel | crudel@rocabymca.org | 704.795.9622

Leaders in Training (LIT's)

Ages 13-15 years old | \$130 members per week | \$195 non-members per week

LIT's will join others in their age group to participate in leadership building opportunities through teambuilding exercises, physical fitness activities, social emotional learning, and more! Each week they will have one swim day and field trip specifically for their group. This program is offered similar weeks to traditional camp. This year in order to be approved into the LIT program, the LIT must complete an application that will be reviewed by the Youth Director, in order to make sure this program is a fit for the participant. The application can be found on our website.

YOUTH DEVELOPMENT DIRECTOR

Samantha Adams | sadams@rocabymca.org | 704.795.9622

WEEKLY CAMP |

- Traditional Camp: \$180 Members | \$275 Non-Members
- Specialty Camp: \$200 Members | \$300 Non-Members
- Leaders in Training: \$130 Members | \$195 Non-Members
 - >To receive member pricing, your child must have at least a Youth Membership at the time of registration and maintain it throughout the program. If the membership is canceled for any reason at any point, the pricing will revert to non-member rates.
 - >Payments are due 5 days prior to each camp week. (The Wednesday before week attending)
- Additional siblings from the same family receive a 10% discount when registered in the same session.

REGISTRATION

- The required one time, non-refundable administration fee per camper is \$30.
- Go to www.rocabymca.org to locate summer camp registration forms for the West Cabarrus YMCA.

CAMP DEPOSITS

- A non-refundable \$25 deposit is required for each week.
- Deposits may not be transferred from week to week.

CANCELLATIONS

- Are required seven (7) days prior to draft date. All cancellations must be in writing and emailed to your Program Director. Failure to properly notify the YMCA will result in a full charge for an absentee week, regardless of the reason

Membership and Program Scholarships

- Scholarships are provided in part through contributions to the Rowan-Cabarrus YMCA Annual Support Campaign.
- Please obtain a confidential Open Doors application on line to apply for a scholarship.

DAYS & TIME

- Tuesday, May 27 – Friday, August 8.
- Times for all camps: 7:00 am – 5:45 pm.
- Drop Off is 7:00 am – 9:00 am
- Campers must arrive by 9 am so they may begin their fun without interruption.
- Pick up is from 4:00 pm – 5:45 pm.

Please drop off and pick up at the bottom of the hill.

