



KANNAPOLIS YMCA LAP POOL SCHEDULE

March 24 - April 5th

Pool Schedule Subject to Change based of Staff Availibility and Programs

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

| | 5:00AM | 6:00AM | 7:00AM | 8:00AM | 9:00AM | 10:00AM | 11:00AM | 12:00PM | 1:00PM | 2:00PM | 3:00PM | 4:00PM | 5:00PM | 6:00PM | 7:00PM | 8:00PM | |
|------------------|--------|--------|--------|----------------------|---------------------------|-----------------------------|--------------------------|-----------------------------|-----------------------|-------------------------|---------------------------|-------------------------|----------------------|----------------------|----------------------|----------------------|--------------|
| SUNDAY | CLOSED | | | | | | | | | | Family Swim 1:00-2:45p | Family Swim 3:00-4:30p | CLOSED 4:30p | | | | |
| MONDAY | Closed | | | Open Swim 6:00-7:45a | Open Swim 8:00-9:00a | Water Aerobics 9:00-10:00a | Open Swim 10:00-10:45a | Open Swim 11:00-2:45p | | | | Swim Lessons 3:50-6:45p | | Open Swim 3:00-6:45p | | Open Swim 7:00-8:30p | CLOSED 8:30p |
| TUESDAY | Closed | | | Open Swim 6:00-7:45a | Open Swim 8:00-10:45a | | Open Swim 11:00-2:45p | | | | Open Swim 3:00-6:45p | | Open Swim 7:00-8:30p | | CLOSED 8:30p | | |
| WEDNESDAY | Closed | | | Open Swim 6:00-7:45a | Open Swim 8:00-9:00a | Water Aerobics 9:00a-10:00a | Open Swim 10:00-10:45a | Open Swim 11:00-2:45p | | | | Swim Lessons 3:50-6:45p | | Open Swim 3:00-6:45p | | Open Swim 7:00-8:30p | Closed 8:30p |
| THURSDAY | Closed | | | Open Swim 6:00-7:00a | Water Aerobics 7:00-7:45a | Open Swim 8:00-10:00a | | Water Aerobics 10:00-10:45a | Open Swim 11:00-1:00p | | Pool Closed 1:00 to 3:00p | | Open Swim 3:00-6:45p | | Open Swim 7:00-8:30p | | Closed 8:30p |
| FRIDAY | Closed | | | Open Swim 6:00-7:45a | Open Swim 8:00-9:00a | Water Aerobics 9:00-10:00a | Open Swim 10:00-10:45a | Open Swim 11:00-2:45p | | | | Open Swim 3:00-6:45p | | Closed 6:30p | | | |
| SATURDAY | CLOSED | | | | Swim Lessons 8:00-10:15a | | Swim Lessons 10:30-1:00p | | | Open Swim 10:30a- 2:15p | | Open 2:30-3:30p | Closed 3:30p | | | | |

= LAP SWIM
 = WATER AEROBICS
 = CURRENTS
 = HIGH SCHOOL
 = FAMILY/OPEN SWIM
 = RAC
 = SWIM LESSONS

Lifeguards have final authority on all pool safety rules and lane changes. Please be mindful of special events that may alter this schedule.
Pool temperature is set to 82-85 degrees per YMCA Safety Standards.