



KANNAPOLIS YMCA LAP POOL SCHEDULE

April 26 th- May4th

Pool Schedule Subject to Change based of Staff Avalibility and Programs

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

		5:00AM	6:00AM	7:00AM	8:00AM	9:00AM	10:00AM	11:00AM	12:00PM	1:00PM	2:00PM	3:00PM	4:00PM	5:00PM	6:00PM	7:00PM	8:00PM	
SUNDAY	Lane 1	CLOSED													CLOSED 4:30p			
	Lane 2																	
	Lane 3																	
	Lane 4																	
	Lane 5									Family Swim 1:00-2:45p		Family Swim 3:00-4:30p						
	Lane 6																	
MONDAY	Lane 1	Closed										Swim Lessons 3:00-6:15p					CLOSED 8:30p	
	Lane 2																	
	Lane 3																	
	Lane 4																	
	Lane 5	Open Swim 6:00-7:45a			Open Swim 8:00-9:00a	Water Aerobics 9:00-10:00a	Open Swim 10:00-10:45a	Open Swim 11:00-2:45p			Open Swim 3:00-6:45p				Open Swim 7:00-8:30p			
	Lane 6																	
TUESDAY	Lane 1	Closed															CLOSED 8:30p	
	Lane 2																	
	Lane 3																	
	Lane 4																	
	Lane 5	Open Swim 6:00-7:45a			Open Swim 8:00-10:45a		Open Swim 11:00-2:45p			Open Swim 3:00-6:45p				Open Swim 7:00-8:30p				
	Lane 6																	
WEDNESDAY	Lane 1	Closed										Swim Lessons 3:00-6:15p					Closed 8:30p	
	Lane 2																	
	Lane 3																	
	Lane 4																	
	Lane 5	Open Swim 6:00-7:45a			Open Swim 8:00-9:00a	Water Aerobics 9:00a-10:00a	Open Swim 10:00-10:45a	Open Swim 11:00-2:45p			Open Swim 3:00-6:45p				Open Swim 7:00-8:30p			
	Lane 6																	
THURSDAY	Lane 1	Closed								Pool Closed 1:00 to 3:00p							Closed 8:30p	
	Lane 2																	
	Lane 3																	
	Lane 4																	
	Lane 5	Water Aerobics 6:00-7:00a	Open Swim 7:00-7:45a	Open Swim 8:00-10:00a		Water Aerobics 10:00-10:45a	Open Swim 11:00-1:00p		Open Swim 3:00-6:45p				Open Swim 7:00-8:30p					
	Lane 6																	
FRIDAY	Lane 1	Closed														Closed 6:30p		
	Lane 2																	
	Lane 3																	
	Lane 4																	
	Lane 5	Open Swim 6:00-7:45a			Open Swim 8:00-9:00a	Water Aerobics 9:00-10:00a	Open Swim 10:00-10:45a	Open Swim 11:00-2:45p			Open Swim 3:00-6:45p							
	Lane 6																	
SATURDAY	Lane 1	CLOSED				Swim Lessons 8:00-10:15a			Swim Lesson 10:30-1:00pm					Closed 3:30p				
	Lane 2																	
	Lane 3																	
	Lane 4																	
	Lane 5					Open Swim 8:00-10:15a			Open Swim 10:30a- 2:15p			Open 2:30-3:30p						
	Lane 6																	

= LAP SWIM = WATER AEROBICS = CURRENTS = HIGH SCHOOL = FAMILY/OPEN SWIM = RAC SWIM LESSONS

Lifeguards have final authority on all pool safety rules and lane changes. Please be mindful of special events that may alter this schedule.
Pool temperature is set to 82-85 degrees per YMCA Safety Standards.