



KANNAPOLIS YMCA LAP POOL SCHEDULE

May 25th- June 28th

Pool Schedule Subject to Change based of Staff Availibility and Programs

FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

| | | 5:00AM | 6:00AM | 7:00AM | 8:00AM | 9:00AM | 10:00AM | 11:00AM | 12:00PM | 1:00PM | 2:00PM | 3:00PM | 4:00PM | 5:00PM | 6:00PM | 7:00PM | 8:00PM | | | | | |
|-----------|--------|--------|---------------------------|----------------------|-----------------------|----------------------------|--------------------------------|-------------------------|---------------------------------|------------------------|-------------------|-------------------------|-----------------|-------------------------|---------------------------|----------------------|-------------------------------|-------------------------------|------------------------|--|--|--|
| SUNDAY | Lane 1 | CLOSED | | | | | | | | | | | | CLOSED 4:30p | | | | | | | | |
| | Lane 2 | | | | | | | | | | | | | | | | | | | | | |
| | Lane 3 | | | | | | | | | | | | | | | | | | | | | |
| | Lane 4 | | | | | | | | | | | | | | | | | | | | | |
| | Lane 5 | | | | | | | | | Family Swim 1:00-2:45p | | | | | | | | | Family Swim 3:00-4:30p | | | |
| | Lane 6 | | | | | | | | | | | | | | | | | | | | | |
| MONDAY | Lane 1 | Closed | | | | | Currents Swim Team 9:45-10:45a | | Currents Swim Team 11:00-12:00p | | | Swim Lessons 2:00-2:45p | | Swim Lessons 3:00-6:45p | | | | Currents Swim Team 7:00-8:00p | CLOSED 8:30p | | | |
| | Lane 2 | | | | | | | | | | | | | | | | | | | | | |
| | Lane 3 | | | | | | | | | | | | | | | | | | | | | |
| | Lane 4 | | | | | | | | | | | | | | | | | | | | | |
| | Lane 5 | | Open Swim 6:00-7:45a | | Open Swim 8:00-9:00a | Water Aerobics 9:00-10:00a | Open Swim 10-10:45a | Open Swim 11:00-2:45p | | | | Open Swim 3:00-6:45p | | | | | Open Swim 7:00-8:30p | | | | | |
| | Lane 6 | | | | | | | | | | | | | | | | | | | | | |
| TUESDAY | Lane 1 | Closed | | | | | | | Open Swim 11:00-1:00p | | | Swim Lessons 2:00-2:45p | | Swim Lessons 3:00-5:00p | | | Currents Swim Team 5:30-6:45p | Currents Swim Team 7:00-8:00p | CLOSED 8:30p | | | |
| | Lane 2 | | | | | | | | | | | | | | | | | | | | | |
| | Lane 3 | | | | | | | | | | | | | | | | | | | | | |
| | Lane 4 | | | | | | | | | | | | | | | | | | | | | |
| | Lane 5 | | Open Swim 6:00-7:45a | | Open Swim 8:00-10:45a | | | Camp Swim 11:00-1:00p | | Open Swim 1:00-2:45p | | Open Swim 3:00-6:45p | | | Open Swim 7:00-8:30p | | | | | | | |
| | Lane 6 | | | | | | | | | | | | | | | | | | | | | |
| WEDNESDAY | Lane 1 | Closed | | | | | Currents Swim Team 9:45-10:45a | | Currents Swim Team 11:00-12:00p | | | Swim Lessons 2:00-2:45p | | Swim Lessons 3:00-6:45p | | | | | Closed 8:30p | | | |
| | Lane 2 | | | | | | | | | | | | | | | | | | | | | |
| | Lane 3 | | | | | | | | | | | | | | | | | | | | | |
| | Lane 4 | | | | | | | | | | | | | | | | | | | | | |
| | Lane 5 | | Open Swim 6:00-7:45a | | Open Swim 8:00-9:00a | Water Aerobics 9:00-10:00a | Open Swim 10:00-10:45a | Open Swim 11:00-2:45p | | | | Open Swim 3:00-6:45p | | | Water Aerobics 7:00-8:00p | Open Swim 8:00-8:30p | | | | | | |
| | Lane 6 | | | | | | | | | | | | | | | | | | | | | |
| THURSDAY | Lane 1 | Closed | | | | | | | | | Closed 1:00-2:00p | Swim Lessons 2:00-2:45p | | Swim Lessons 3:00-5:00p | | | Currents Swim Team 5:30-6:45p | Currents Swim Team 7:00-8:00p | Closed 8:30p | | | |
| | Lane 2 | | | | | | | | | | | | | | | | | | | | | |
| | Lane 3 | | | | | | | | | | | | | | | | | | | | | |
| | Lane 4 | | | | | | | | | | | | | | | | | | | | | |
| | Lane 5 | | Water Aerobics 6:00-7:00a | Open Swim 7:00-7:45a | Open Swim 8:00-9:45a | | Water Aerobis 9:45-10:30a | Camp Swim 11:00-1:00p | | | | Open Swim 3:00-6:45p | | | Open Swim 7:00-8:30p | | | | | | | |
| | Lane 6 | | | | | | | | | | | | | | | | | | | | | |
| FRIDAY | Lane 1 | Closed | | | | | Currents Swim Team 9:45-10:45a | | Currents Swim Team 9:45-10:45a | | | Swim Lessons 2:00-2:45p | | Swim Lessons 3:00-5:00p | | | | Closed 6:30p | | | | |
| | Lane 2 | | | | | | | | | | | | | | | | | | | | | |
| | Lane 3 | | | | | | | | | | | | | | | | | | | | | |
| | Lane 4 | | | | | | | | | | | | | | | | | | | | | |
| | Lane 5 | | Open Swim 6:00-7:45a | | Open Swim 8:00-9:00a | Water Aerobics 9:00-10:00a | Open Swim 10:00-10:45a | Open Swim 11:00-2:45p | | | | Open Swim 3:00-6:45p | | | | | | | | | | |
| | Lane 6 | | | | | | | | | | | | | | | | | | | | | |
| SATURDAY | Lane 1 | CLOSED | | | | Swim Lessons 8:00-10:15a | | | Swim Lesson 10:30-1:00pm | | | | | | Closed 3:30p | | | | | | | |
| | Lane 2 | | | | | | | | | | | | | | | | | | | | | |
| | Lane 3 | | | | | | | | | | | | | | | | | | | | | |
| | Lane 4 | | | | | | | | | | | | | | | | | | | | | |
| | Lane 5 | | | | | Open Swim 8:00-10:15a | | Open Swim 10:30a- 2:15p | | | | | Open 2:30-3:30p | | | | | | | | | |
| | Lane 6 | | | | | | | | | | | | | | | | | | | | | |

= LAP SWIM = WATER AEROBICS = CURRENTS = HIGH SCHOOL = FAMILY/OPEN SWIM = CAMP SWIM LESSONS

Lifeguards have final authority on all pool safety rules and lane changes. Please be mindful of special events that may alter this schedule.
Pool temperature is set to 82-85 degrees per YMCA Safety Standards.