



KANNAPOLIS YMCA LAP POOL SCHEDULE

May 5th- May25th

Pool Schedule Subject to Change based of Staff Availibility and Programs

FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

| | 5:00AM | 6:00AM | 7:00AM | 8:00AM | 9:00AM | 10:00AM | 11:00AM | 12:00PM | 1:00PM | 2:00PM | 3:00PM | 4:00PM | 5:00PM | 6:00PM | 7:00PM | 8:00PM | | | |
|-----------|---------------------------|--------|-----------------------|-----------------------|-----------------------------|------------------------|-----------------------------|--------------------------|---------------------------|----------------------|-------------------------|----------------------|----------------------|--------------|-------------------------------|----------------------|-------------------------------|--|--------------|
| SUNDAY | Lane 1 | CLOSED | | | | | | | | | | | | CLOSED 4:30p | | | | | |
| Lane 2 | | | | | | | | | | | | | | | | | | | |
| Lane 3 | | | | | | | | | | | | | | | | | | | |
| Lane 4 | | | | | | | | | | | | | | | | | | | |
| Lane 5 | | | | | | | | | | | | | | | | | | | |
| Lane 6 | Family Swim 1:00-2:45p | | | | | | | | Family Swim 3:00-4:30p | | | | | | | | | | |
| MONDAY | Lane 1 | Closed | | | | | | | | | Swim Lessons 3:00-6:45p | | | | Currents Swim Team 7:00-8:00p | | CLOSED 8:30p | | |
| Lane 2 | | | | | | | | | | | | | | | | | | | |
| Lane 3 | | | | | | | | | | | | | | | | | | | |
| Lane 4 | | | | | | | | | | | | | | | | | | | |
| Lane 5 | Open Swim 6:00-7:45a | | | Open Swim 8:00-9:00a | Water Aerobics 9:00-10:00a | Open Swim 10:00-10:45a | Open Swim 11:00-2:45p | | | Open Swim 3:00-6:45p | | | | | Open Swim 7:00-8:30p | | | | |
| Lane 6 | | | | | | | | | | | | | | | | | | | |
| TUESDAY | Lane 1 | Closed | | | | | | | | | | | | | Currents Swim Team 7:00-8:00p | | CLOSED 8:30p | | |
| Lane 2 | | | | | | | | | | | | | | | | | | | |
| Lane 3 | | | | | | | | | | | | | | | | | | | |
| Lane 4 | | | | | | | | | | | | | | | | | | | |
| Lane 5 | Open Swim 6:00-7:45a | | Open Swim 8:00-10:45a | | | Open Swim 11:00-2:45p | | | Open Swim 3:00-6:45p | | | | Open Swim 7:00-8:30p | | | | | | |
| Lane 6 | | | | | | | | | | | | | | | | | | | |
| WEDNESDAY | Lane 1 | Closed | | | | | | | | | Swim Lessons 3:00-6:15p | | | | | | Closed 8:30p | | |
| Lane 2 | | | | | | | | | | | | | | | | | | | |
| Lane 3 | | | | | | | | | | | | | | | | | | | |
| Lane 4 | | | | | | | | | | | | | | | | | | | |
| Lane 5 | Open Swim 6:00-7:45a | | | Open Swim 8:00-9:00a | Water Aerobics 9:00a-10:00a | Open Swim 10:00-10:45a | Open Swim 11:00-2:45p | | | Open Swim 3:00-6:45p | | | | | Water Aerobics 7:00-8:00p | Open Swim 8:00-8:30p | | | |
| Lane 6 | | | | | | | | | | | | | | | | | | | |
| THURSDAY | Lane 1 | Closed | | | | | | | Pool Closed 1:00 to 3:00p | | | | | | Currents Swim Team 5:30-6:45p | | Currents Swim Team 7:00-8:00p | | Closed 8:30p |
| Lane 2 | | | | | | | | | | | | | | | | | | | |
| Lane 3 | | | | | | | | | | | | | | | | | | | |
| Lane 4 | | | | | | | | | | | | | | | | | | | |
| Lane 5 | Water Aerobics 6:00-7:00a | | Open Swim 7:00-7:45a | Open Swim 8:00-10:00a | | | Water Aerobics 10:00-10:45a | Open Swim 11:00-1:00p | | | | Open Swim 3:00-6:45p | | | | Open Swim 7:00-8:30p | | | |
| Lane 6 | | | | | | | | | | | | | | | | | | | |
| FRIDAY | Lane 1 | Closed | | | | | | | | | | | | | | Closed 6:30p | | | |
| Lane 2 | | | | | | | | | | | | | | | | | | | |
| Lane 3 | | | | | | | | | | | | | | | | | | | |
| Lane 4 | | | | | | | | | | | | | | | | | | | |
| Lane 5 | Open Swim 6:00-7:45a | | | Open Swim 8:00-9:00a | Water Aerobics 9:00-10:00a | Open Swim 10:00-10:45a | Open Swim 11:00-2:45p | | | Open Swim 3:00-6:45p | | | | | | | | | |
| Lane 6 | | | | | | | | | | | | | | | | | | | |
| SATURDAY | Lane 1 | CLOSED | | | Swim Lessons 8:00-10:15a | | | Swim Lesson 10:30-1:00pm | | | | | Closed 3:30p | | | | | | |
| Lane 2 | | | | | | | | | | | | | | | | | | | |
| Lane 3 | | | | | | | | | | | | | | | | | | | |
| Lane 4 | | | | | | | | | | | | | | | | | | | |
| Lane 5 | Open Swim 8:00-10:15a | | | | Open Swim 10:30a- 2:15p | | | | | Open 2:30-3:30p | | | | | | | | | |
| Lane 6 | | | | | | | | | | | | | | | | | | | |

= LAP SWIM = WATER AEROBICS = CURRENTS = HIGH SCHOOL = FAMILY/OPEN SWIM = RAC SWIM LESSONS

Lifeguards have final authority on all pool safety rules and lane changes. Please be mindful of special events that may alter this schedule.
Pool temperature is set to 82-85 degrees per YMCA Safety Standards.