



AOA August 2025

West Cabarrus YMCA

Prayer Group – Chapel

Tuesday, August 12th and 26th
9:30 – 10:30am

Book Club – Conference Room

The Instrumentalist by Harriet Constable
Thursday, August 21st, 9:30am – 11am

September book selection - The War on Warriors by Pete Hegseth

Game Day – Conference Room

Tuesday, August 5th and 19th
11:30 am – 1pm

***AOA Day of Fun – Williams Room**

Lunch, laughs and fun AOA level competition!
Thursday, August 28th 12– 2 pm

*Please register online, through the YMCA 360 app, or use the QR code on the flyer in the branch



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