



KANNAPOLIS YMCA LAP POOL SCHEDULE

August 11– August 31st

Pool Schedule Subject to Change based of Staff Avalibility and Programs

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

		5:00AM	6:00AM	7:00AM	8:00AM	9:00AM	10:00AM	11:00AM	12:00PM	1:00PM	2:00PM	3:00PM	4:00PM	5:00PM	6:00PM	7:00PM	8:00PM		
SUNDAY	Lane 1	CLOSED													CLOSED 4:30p				
	Lane 2																		
	Lane 3																		
	Lane 4																		
	Lane 5									Family Swim 1:00–2:45p		Family Swim 3:00–4:30p							
	Lane 6																		
MONDAY	Lane 1	Closed										Swim Lessons 3:00–6:15p						CLOSED 8:30p	
	Lane 2																		
	Lane 3																		
	Lane 4																		
	Lane 5	Open Swim 6:00–7:45a			Open Swim 8:00–9:00a	Water Aerobics 9:00–10:00a	Open Swim 10–10:45a	Open Swim 11:00–2:45p				Open Swim 3:00–6:45p				Open Swim 7:00–8:30p			
	Lane 6																		
TUESDAY	Lane 1	Closed															CLOSED 8:30p		
	Lane 2																		
	Lane 3																		
	Lane 4																		
	Lane 5	Open Swim 6:00–7:45a			Open Swim 8:00–10:45a			Open Swim 11:00–2:45p				Open Swim 3:00–6:45p				Open Swim 7:00–8:30p			
	Lane 6																		
WEDNESDAY	Lane 1	Closed										Swim Lessons 3:00–6:45p						Closed 8:30p	
	Lane 2																		
	Lane 3																		
	Lane 4																		
	Lane 5	Open Swim 6:00–7:45a			Open Swim 8:00–9:00a	Water Aerobics 9:00–10:00a	Open Swim 10:00–10:45a	Open Swim 11:00–2:45p				Open Swim 3:00–6:45p				Water Aerobics 7:00–8:00p	Open Swim 8:00–8:30p		
	Lane 6																		
THURSDAY	Lane 1	Closed							Open Swim 11:00–1:00p		Closed 1:00–3:00p						Closed 8:30p		
	Lane 2																		
	Lane 3																		
	Lane 4																		
	Lane 5	Water Aerobics 6:00–7:00a	Open Swim 7:00–7:45a	Open Swim 8:00–9:45a		Water Aerobis 9:45–10:30a	Open 11:00–1:00p		Open Swim 3:00–6:45p				Open Swim 7:00–8:30p						
	Lane 6																		
FRIDAY	Lane 1	Closed															Closed 6:30p		
	Lane 2																		
	Lane 3																		
	Lane 4																		
	Lane 5	Open Swim 6:00–7:45a			Open Swim 8:00–9:00a	Water Aerobics 9:00–10:00a	Open Swim 10:00–10:45a	Open Swim 11:00–2:45p				Open Swim 3:00–6:45p							
	Lane 6																		
SATURDAY	Lane 1	CLOSED				Swim Lessons 8:00–10:15a			Swim Lesson 10:30–1:00pm					Closed 3:30p					
	Lane 2																		
	Lane 3																		
	Lane 4																		
	Lane 5					Open Swim 8:00–10:15a			Open Swim 10:30a– 2:15p			Open 2:30–3:30p							
	Lane 6																		

= LAP SWIM     = WATER AEROBICS     = CURRENTS     = HIGH SCHOOL     = FAMILY/OPEN SWIM     = CAMP     SWIM LESSONS

Lifeguards have final authority on all pool safety rules and lane changes. Please be mindful of special events that may alter this schedule.  
Pool temperature is set to 82–85 degrees per YMCA Safety Standards.