

# STRONG SWIMMERS CONFIDENT KIDS

**SWIM LESSONS  
KANNAPOLIS**

- >> Weekday lessons will take place twice a week on Monday & Wednesday.
- >> All lessons are 30 minutes long and will take place in the Lap pool.
- >> Space is limited for all classes. We will do our best to accommodate space.
- >> Due to the high demand for lessons, cancellations after the first class will result in a 50% refund. No refunds are issued if canceling after the second class or later.

SESSION	REGISTRATION	DATES	PRICE
Session 4 Saturdays	8/11/25-9/6/25	9/20/25-11/8/25	M \$75   NM \$110
SESSION	REGISTRATION	DATES	PRICE
Session 7 Weekdays	9/5/25-9/12/25	9/22/25-10/15/25	M \$75   NM \$110
Session 8 Weekdays	10/10/25-10/17/25	10/27/25-11/19/25	M \$75   NM \$110

PARENT CHILD CLASSES 6 - 35 months	MONDAY & WEDNESDAY	SATURDAY
Stage A: Water Discovery 6-18 months		9:40a
Stage B: Water Exploration 19-35 months		9:40a
PRESCHOOL CLASSES 3 - 5 year olds	MONDAY & WEDNESDAY	SATURDAY
Stage 1: Water Acclimation	3:15p   3:50p	9:05a
State 2: Water Movement	4:25p	11:10a
Stage 3: Water Stamina		10:35a
SCHOOL AGE CLASSES 6 - 12 year olds	MONDAY & WEDNESDAY	SATURDAY
Stage 2: Water Movement	5:00p   6:10p	8:30a   11:45a
Stage 3: Water Stamina	5:35p	10:35a
Stage 4: Stroke Introduction		10:35a
Teen Adult Class		12:20pm

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