



KANNAPOLIS YMCA LAP POOL SCHEDULE

October 29th– November 9th

Pool Schedule Subject to Change based of Staff Avalibility and Programs

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

		5:00AM	6:00AM	7:00AM	8:00AM	9:00AM	10:00AM	11:00AM	12:00PM	1:00PM	2:00PM	3:00PM	4:00PM	5:00PM	6:00PM	7:00PM	8:00PM	
SUNDAY	Lane 1	CLOSED										Family Swim 1:00-2:45p			CLOSED 4:30p			
	Lane 2																	
	Lane 3																	
	Lane 4																	
	Lane 5									Family Swim 1:00-2:45p		Family Swim 3:00-4:30p						
	Lane 6																	
MONDAY	Lane 1	Closed										High School 3:00-4:15p			High School 5:30-6:45p		High School 7:00-8:15p	CLOSED 8:30p
	Lane 2																	
	Lane 3																	
	Lane 4																	
	Lane 5	Open Swim 6:00-7:45a			Open Swim 8:00-9:00a	Water Aerobics 9:00-10:00a	Open Swim 10-10:45a	Open Swim 11:00-2:45p				Open Swim 3:00-6:45p				Open Swim 7:00-8:30p		
	Lane 6																	
TUESDAY	Lane 1	Closed										High School 3:00-4:15p			High School 5:30-6:45p		High School 7:00-8:15p	CLOSED 8:30p
	Lane 2																	
	Lane 3																	
	Lane 4																	
	Lane 5	Open Swim 6:00-7:45a			Open Swim 8:00-10:45a			Open Swim 11:00-2:45p				Open Swim 3:00-6:45p				Open Swim 7:00-8:30p		
	Lane 6																	
WEDNESDAY	Lane 1	Closed										High School 3:00-4:15p			High School 5:30-6:45p		High School 7:00-8:15p	Closed 8:30p
	Lane 2																	
	Lane 3																	
	Lane 4																	
	Lane 5	Open Swim 6:00-7:45a			Open Swim 8:00-9:00a	Water Aerobics 9:00-10:00a	Open Swim 10:00-10:45a	Open Swim 11:00-2:45p				Open Swim 3:00-6:45p				Water Aerobics 7:00-8:00p	Open Swim 8:00-8:30p	
	Lane 6																	
THURSDAY	Lane 1	Closed										High School 3:00-4:15p			High School 5:30-6:45p		High School 7:00-8:15p	Closed 8:30p
	Lane 2																	
	Lane 3																	
	Lane 4																	
	Lane 5	Open Swim 6:00-7:45a			Open Swim 8:00-9:45a		Water Aerobis 9:45-10:30a		Open 11:00-1:00p			Open Swim 3:00-6:45p				Open Swim 7:00-8:30p		
	Lane 6																	
FRIDAY	Lane 1	Closed														Closed 6:30p		
	Lane 2																	
	Lane 3																	
	Lane 4																	
	Lane 5	Open Swim 6:00-7:45a			Open Swim 8:00-9:00a	Water Aerobics 9:00-10:00a	Open Swim 10:00-10:45a	Open Swim 11:00-2:45p				Open Swim 3:00-6:45p						
	Lane 6																	
SATURDAY	Lane 1	CLOSED				Swim Lessons 8:00-10:15a			Swim Lesson 10:30-1:00pm					Closed 3:30p				
	Lane 2																	
	Lane 3																	
	Lane 4																	
	Lane 5					Open Swim 8:00-10:15a			Open Swim 10:30a- 2:15p			Open 2:30-3:30p						
	Lane 6																	

= LAP SWIM = WATER AEROBICS = ATRIUM = HIGH SCHOOL = FAMILY/OPEN SWIM = STROKE CLINIC SWIM LESSONS

Lifeguards have final authority on all pool safety rules and lane changes. Please be mindful of special events that may alter this schedule.
Pool temperature is set to 82–85 degrees per YMCA Safety Standards.