TIME WARP
SUMMER CAMP
2026

Bending Time, Building Memories

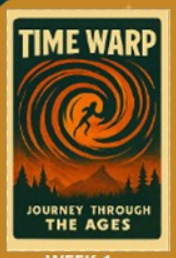
ROWAN-CABARRUS YMCA

the YMCA

TRADITIONAL CAMP

Rising 1st – 7th grade

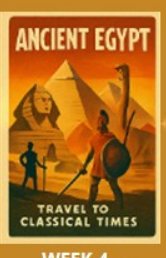
Traditional Camp engages in activities that will enhance kids spiritual, social and emotional skills, help keep their academics on track, keep them physically active and challenge them to learn new things everyday. Campers will participate in a wide range of games, sports, arts, crafts and STEM activities, instructional and recreational swimming based on weekly themes. In addition, campers will participate in weekly field trips.
Campers are divided into age groups with ratios of: 1 staff: 15 campers



WEEK 1
May 26-29
Harrisburg Park

WEEK 2
June 1-5
Minigolf

WEEK 3
June 8-12
Stars & Strikes



WEEK 4
June 15-19
BrickEd

WEEK 5
June 22-26
Charlotte Library

WEEK 6
June 29-July 3
Scheile Museum

Week 7
July 6-10
Jockos

WEEK 8
July 13-17
Discovery Place

WEEK 9
July 20-24
Reed Gold Mine

WEEK 10
July 27-31
Mad Science

WEEK 11
Aug 3-7

ACTIVITIES

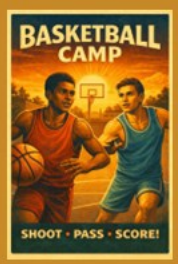
Ga-Ga Ball
Spirit Days
Indoor Games
Arts & Crafts
Character Development
Academic Enrichment
Leader Development
Basketball
Field Trips
STEM Activities
Outdoor Games
Board Games
Nature Trail
Splash Pad
Swimming
Devotions
Team Building
Library

SPECIALTY CAMP

8-12yr olds

Our specialty camps are for children with specific interests. The Harrisburg Y is looking forward to offering an exciting lineup of specialty camps this summer! Specialty Camps available this summer include Basketball Camp for kids to further develop their hooping skills,. Campers will have fun learning how to serve, pass, set, and spike through games, drills, and friendly matches in Volleyball Camp. During Swim Camp kids will learn water safety basic, perfect swim strokes and obtain their junior lifeguard certification. Dance Camp is perfect for kids who love music, movement, and expressing themselves! Creative Writing Camp is perfect for kids who love stories, imagination, and expressing their ideas with words! Campers will create characters, build worlds, and write their own stories, poems, and short scenes through fun prompts and hands-on activities.

June 1-5



June 15-19

June 22-26

July 7-10

July 20-24

Aug 3-7

LEADERS IN TRAINING (LIT)

13-15 yr olds

LIT Camp offers teens training and hands on experiences in becoming community leaders. Staff members help teens develop leadership skills and provide opportunities to apply those skills as they work with the younger campers.

YMCA STAFF & COUNSELORS

Our counselors are enthusiastic high school and college students who have a passion for leading others and love working with kids. Parents can leave their children at camp each day knowing that they will be well cared. All YMCA staff are CPRO/AED and First Aid Certified through the American Red Cross and are trained in Child Abuse Prevention and Bullying Prevention . Rowan Cabarrus YMCAs are proud to hold Praesidium Accreditation.

CAMP SCHEDULE

7:00-8:30am: Arrival / Stations
8:30-9:00am: Opening Ceremonies
9:00-9:30am: Morning Snack
9:30-12:00pm: Outdoor Games & Activities
12:00-1:00pm Lunch, R&R

1:00-2:00pm STEM / Arts & Crafts
2:00-3:00pm: Swim / Academic Enrichment
3:00-3:30pm: Afternoon Snack
3:30-4:00pm: Closing Ceremonies
4:00-6:00pm: Indoor Activities/Rides Out

SUPPLIES FOR CAMP :

Backpack | Tennis Shoes | Swimsuit | Towel
Bag for Wet Items | Sun Screen | Water Bottle
Snacks | Drinks | Lunch

NOT ALLOWED:

Flip Flops | Sandals | Electronics | Personal Toys
Cell Phones | iPads | Apple Watches

SNACKS / LUNCH:

Campers should bring a morning snack and lunch each day. An afternoon snack will be provided. Kids may bring an additional snack to have in the afternoon if they so desire.

SWIM DAYS

Campers will have the opportunity to swim twice a week. Kids will be tested on swimming ability at their first scheduled swim day and will have opportunity to test up to the next level each week.

Kids 6 and under are required to wear a lifejacket regardless of swim ability.

- Non-Swimmer: Must wear lifejacket during free swim and stay in shallow water, 3-4 feet deep.
- Intermediate Swimmer: Must wear lifejacket during free swim and stay in water 3-5 feet deep.
- Good Swimmer: Does not have to wear a lifejacket and can go anywhere in the pool area.

*To pass a swim test, swimmer must swim free style 25 yards, exit the pool from the side without using the ladder, jump back in and tread water for 60 seconds

Youth Development Director
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CAMP REGISTRATION/TUITION

Camp Registration is week to week. Register today at https://rocabymca.org/summer-camp.

- Traditional Camp: $160 members | $240 non-members.
- Specialty Camp: $200 members | $300 non-members
- Leaders in Training (LIT): $120 members | $180 non-members
- A non-refundable, non-transferable $30 registration fee per camper due at registration.
- A non-refundable, non-transferable $25 deposit is required for each week of camp.
- Membership and Program Scholarships are available through contributions to Rowan Cabarrus YMCA Annual Support Campaign. Scholarship applications can be found on our website.

CANCELLATION

Cancellations are required 7 days prior to the draft date. Payments draft the Wednesday before the camp week. All cancellations must be submitted through the online cancellation form or in writing, emailed to the Program Director. Failure to properly notify the YMCA will result in a full charge for an absentee week, regardless of the reason.

ADA POLICY

We are committed to providing equal opportunity and access to all children. The Rowan Cabarrus YMCA does not discriminate against any individual.
Your child's success and safety are our top priority, we respectfully ask parents and caregivers to inform the YMCA prior to the start of the program of any support your child may need to ensure he/she will reach their fullest potential. YMCA programs are not designed for a staff member and child to be 1:1 for any reason. YMCA staff are not allowed to assist children with toileting, feeding or changings clothes.

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