TIME WARP
SUMMER CAMP
2026

Bending Time, Building Memories

ROWAN-CABARRUS YMCA

the YMCA

TRADITIONAL CAMP

Rising Kindergarten—12 years old

Traditional Camp will engage in activities that will enhance their spiritual, social and emotional skills, help keep their academics on track, keep them physically active and challenge them to learn new things everyday. Campers will participate in a wide range of sports, arts and crafts, recreational swimming and weekly themes. In addition, campers will engage in a variety of reading, science, and math activities throughout each session.

Campers are divided into grade level groups with ratios of: 1 staff: 15 campers

WEEKLY CAMP

- YMCA Members: $180 per week
- Non-Members: $275 per week

Payments are due 5 days prior to each camp week. (The Wednesday before week attending)

To receive the member pricing, your child must have at least a Youth Membership at the time of registration and maintain it throughout the program. If the membership is canceled for any reason at any point, the pricing will revert to non-member rates.

REGISTRATION

- The requiredonetime,non-refundableadministrationfeeper camper is $30. Go to www.rocabymca.org to locate summer camp registration forms for the West Cabarrus YMCA.

CANCELLATION

- All cancellations must be submitted through our online form or to the youth director 10 days prior to the 1st day of the camp week, failure to submit this in time will result in the full weekly amount being drafted.

CAMP DEPOSITS

- A non-refundable $25 deposit is required for each week.
- Deposits may not be transferred from week to week.

FINANCIAL ASSISTANCE

- Financial support is provided in part through contributions to the Rowan-Cabarrus YMCA Annual
- Support Campaign.
  Please obtain a confidential Open Doors application on-line to apply for financial assistance.

DAYS & TIME

- **Tuesday, May 26 - Friday, August 11**
- **Times for all camps: 7am - 5:45pm (With last pickup by 6pm)**
- **Drop Off is 7 am - 9am Campers must arrive by 9am so they may begin their fun without interruption.**
- **Pick up is from 4pm-5:45pm (With last pickup by 6pm)**

Please drop off and pickup at the bottom of the hill.

YOUTH DEVELOPMENT DIRECTOR
Samantha Adams | sadams@rocabymca.org

TRADITIONAL CAMP SCHEDULE

Below is an example of daily schedule:

7:00-9:00am: Stations/Arrival
9:00-9:45: Breakfast and Morning Meeting
9:45-10:15: Reading Buddies
10:15-11:30: Counselor Led Activity (Arts and Crafts, Outdoor Play, STEM, Science, etc.)
11:30-12:00: Assembly
12:00-12:45: Lunch
12:45-1:30: Cabin Time (Character Building, Devotion, Teambuilding, etc.)
1:30– 2:00: Outdoor Play
2:00-3:30: Counselor Led Activity (Arts and Crafts, Outdoor Play, STEM, Science, etc.)
3:30-6:00: Sign out Stations
Please note, swim days and field trips will be communicated via weekly newsletter

WEEKLY THEMES

Week 1 | May 26-29 | Theme: Prehistoric Pioneers
Week 2 | June 1-4 | Theme: Ancient Egypt
Week 3 | June 8-12 | Theme: Ancient Greece
Week 4 | June 15-19 | Theme: Ancient Rome
Week 5 | June 22-26 | Theme: Medieval Times
Week 6 | June 29-July 3 | Theme: Age of Exploration
Week 7 | July 6-10 | Theme: Wild West
Week 8 | July 13-17 | Theme: The Roaring 20's
Week 9 | July 20-24 | Theme: The Groovy 60's
Week 10 | July 27-31 | Theme: The Radical 80's
Week 11 | August 3-7 | Theme: The Year 3000
Week 12 | August 10 and 11 | These days will have limited capacity due to staffing

YMCA STAFF & COUNSELORS

Our counselors are enthusiastic high school and college students who have a passion for leading others and want to work with kids. Parents can leave their children at camp each day knowing that they will be well cared for by our trained staff. All YMCA staff are CPRO/AED and First Aid Certified through the American Red Cross.

All YMCA Staff have been trained in Child Abuse Prevention and Bullying Prevention.

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SWIM TIME

Kids will be tested on swimming ability on their first day of swimming by a certified lifeguard. Kids ages 7 and up will have the opportunity to try the swim test the first day of swimming each week.
Kids 6 and are required to be in a life jacket, which the Y provides.
Levels of Swimmers and requirements for safety in the water:

- **Non swimmer/Did not pass the swim test/ 6 and under**
  Must wear a lifejacket during free swim and stay in shallow water, 3-4 feet deep.
- **Passed Swim Test**
  Does not have to wear a life jacket and will receive a green band from lifeguards noting they passed the swim test. They can swim anywhere in the pool.

There will be no swimming on field trip days

To pass the swim test, swimmer must swim free style 25 years, exit the pool from the side without using the ladder, jump back in, and tread water for 60 seconds.

SUGGESTED SUPPLIES FOR CAMP

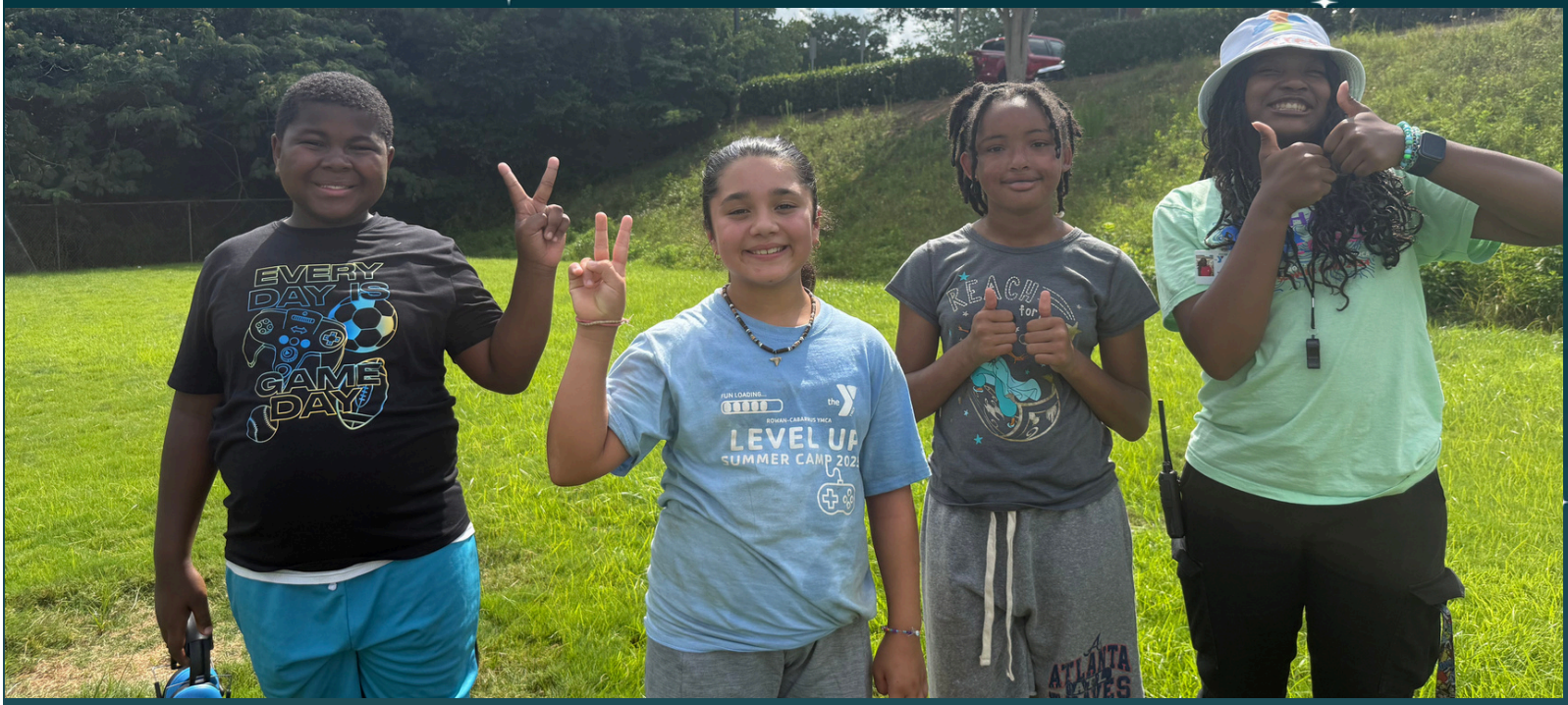
Backpack | Tennis Shoes | Swimsuit | Towel | Bag for Wet Items | Sun Screen
WaterBottle | Snacks | Drinks | Lunch

NOT ALLOWED

Flip Flops | Sandals | Electronics | Personal Toys | Cell Phones | Apple Watches | iPads

BREAKFAST | LUNCH: PROVIDED BY CABARRUS COUNTY SCHOOLS

Kids will need to bring an afternoon snack and drink. Kids need to bring lunch and two snacks on May 26 - 29, July 3 and August 3-7 .



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