

TIME WARP SUMMER CAMP

2026



Bending Time, Building Memories



ROWAN-CABARRUS YMCA



TRADITIONAL CAMP

Rising 1st – 5th grade

Traditional Camp will engage in activities that will enhance their spiritual, social and emotional skills, help keep their academics on track, keep them physically active and challenge them to learn new things everyday. Campers will participate in a wide range of sports, arts and crafts, instructional and recreational swimming and weekly themes. In addition, campers will engage in a variety of reading, science, and math activities throughout each session.

Campers are divided into age groups with ratios of 1 staff to 15 campers

MIDDLE SCHOOL CAMP

Rising 6th – 12 yr olds

Campers enjoy a summer of expanding their horizons, gaining confidence and lots of friends. Campers spend the day exploring outdoors, swimming, creating crafts and art, playing sports like basketball, soccer, and kickball and a variety of training opportunities.

Campers will be in one group with ratios of 1 staff to 14 campers

YMCA STAFF & COUNSELORS

Our counselors are enthusiastic high school and college students who have a passion for leading others and want to work with kids. Parents can leave their children at camp each day knowing that they will be well cared for by our trained staff. All YMCA staff are CPR/AED and First Aid Certified through the American Red Cross. All YMCA Staff have been trained in Child Abuse Prevention and Bullying Prevention.

SUGGESTED SUPPLIES FOR CAMP :

Backpack | Tennis Shoes | Swimsuit | Towel | Bag for Wet Items | Sun Screen | Water Bottle | 2 Snacks | Drinks | Lunch

NOT ALLOWED:

Flip Flops | Sandals | Electronics | Personal Toys | Cell Phones | iPads | Apple Watches

BREAKFAST & LUNCH: Provided by RSS most days

Kids will need to bring an afternoon snack and drink every day

Kids need to bring lunch and two snacks on May 26 – 27 | July 3 | July 29-Aug 7

Youth Development Director: Kim Deal | kdeal@rocabymca.org | 704.857.7011



THEMES

WEEK 1
May 26 - 29

THEME
Bending
Time

CLOSED
May 25

WEEK 2
June 1-5

THEME
Building
Memories

WEEK 3
June 8-12

THEME
Land of the
Lost

WEEK 4
June 15-19

THEME
Ancient
Egypt

WEEK 5
June 22-26

THEME
Knights &
Castles

WEEK 6
Jun 29-Jul 2

THEME
Colonial
America

WEEK 7
July 6 - 10

THEME
Mythical
Journeys

WEEK 8
July 13-17

THEME
Pirates
Of the YMCA

WEEK 9
July 20-24

THEME
Wild West

WEEK 10
July 27-31

THEME
Ice Age

WEEK 11
August 3-7

THEME
Back to the
Future

SWIM LESSONS

Kids will be tested on swimming ability on their first day of camp.

Kids will have the opportunity to test up to the next level at the beginning of each week.

Kids 6 and under will be in a lifejacket.

Non-Swimmer: Must wear lifejacket during free swim and stay in shallow water, 3-4 feet deep.

Intermediate Swimmer: Must wear lifejacket during free swim and stay in water 3-5 feet deep.

Good Swimmer: Does not have to wear a lifejacket and can go anywhere in the pool area.

Swim Lessons: Kids will have a 30 minute swim lesson 3 days a week.

*To pass a swim test, swimmer must swim free style 25 yards, exit the pool from the side without using the ladder, jump back in and tread water for 60 seconds.

No swimming on trip days
Fridays will be Free Swim



DAILY ACTIVITIES

Ga-Ga Pit
Racquetball
Soccer
Basketball
Pickleball
Kick Ball
Dodge Ball
STEM Activities
Flag Football
Board Games
Nature Trail
Splash Pad
Swimming
Crafts
Library
Cooking
Legos

WEEKLY CAMP RATES

- YMCA Members: \$155 weekly
- Potential Members: \$230 weekly

*Payments are due 5 days prior to each camp week (the Wednesday before week attending). To receive the member pricing, your child must have at least a Youth Membership at the time of registration and maintain it throughout the program. If the membership is canceled during the program, for any reason, the pricing will revert to non-member rates.

REGISTRATION & DEPOSITS

- The required one time, non-refundable administration fee per camper is \$30.
- Go to www.rocabymca.org to register for J. Fred Corriher Jr. YMCA summer camp.
- A non-refundable \$15 deposit is required for each week.
- Deposits may not be transferred from week to week.

CANCELLATIONS

- All cancellations must be submitted through our online form or emailed to Kim Deal, kdeal@rocabymca.org, 10 days prior to the first day of the camp week. Failure to submit this in time will result in the full weekly amount being drafted.

FINANCIAL ASSISTANCE

- Financial support is provided in part through contributions to the Rowan-Cabarrus YMCA Annual Support Campaign.
- Please obtain a confidential Open Doors application on-line to apply for financial assistance.

DAYS & TIME

- Tuesday, May 26 - Friday, August 7
- Times for all camps: 7:00am - 5:45 pm
- Drop Off is 7:00 am - 8:30 am
- Campers must arrive by 8:30 am so they may begin their fun without interruption.
- Pick up is from 3:30 pm - 5:45 pm

Please drop off and pick up at the cones by the playground.

Youth Development Director: Kim Deal | kdeal@rocabymca.org | 704.857.7011

Bending Time, Building Memories!

