



KANNAPOLIS YMCA LAP POOL SCHEDULE
May 4th- May 24th
Pool Schedule Subject to Change based of Staff Availability and Programs

FOR YOUTH DEVELOPMENT
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

	5:00AM	6:00AM	7:00AM	8:00AM	9:00AM	10:00AM	11:00AM	12:00PM	1:00PM	2:00PM	3:00PM	4:00PM	5:00PM	6:00PM	7:00PM	8:00PM		
SUNDAY	CLOSED								Open Swim 1:00-2:45p	Open Swim 3:00-4:30p	CLOSED 4:30p							
MONDAY	CLOSED	Open Swim 6:00-7:45a	Open Swim 8:00-9:00a	Water Aerobics 9:00-10:00a	Open Swim 10-10:45a	Open Swim 11:00-2:45p				Open Swim 3:00-6:45p			Summer Swim Team 5:30-6:45p	Summer Swim Team 7:00-8:30p	Open Swim 7:00-8:30p	CLOSED 8:30p		
TUESDAY	CLOSED	Open Swim 6:00-7:45a	Open Swim 8:00-10:45a			Open Swim 11:00-2:45p				Open Swim 3:00-6:45p			Swim Lessons 3:00- 8:00p	Summer Swim Team 5:00-6:45p	Swim Lessons 8:00-8:30p	Summer Swim Team 7:00-8:15p	Open Swim 7:00-8:30p	CLOSED 8:30p
WEDNESDAY	CLOSED	Open Swim 6:00-7:45a	Open Swim 8:00-9:00a	Water Aerobics 9:00-10:00a	Open Swim 10-10:45a	Open Swim 11:00 -2:45p				Open Swim 3:00-6:45p			Water Aerobics 7:00-8:00p		Open Swim 8:00-8:30p	CLOSED 8:30p		
THURSDAY	CLOSED	Open Swim 6:00-7:45a	Open Swim 8:00-9:00a	Water Aerobics 9:45-10:30a	Open Swim 11:00-1:00p			CLOSED 1:00-3:00p		Open Swim 3:00-6:45p			Swim Lessons 3:00-8:00p	Swim Team 5:00-6:45p	Swim Lessons 8:00-8:30p	Summer Swim Team 7:00-8:15p	Open Swim 7:00-8:30p	CLOSED 8:30p
FRIDAY	Closed	Open Swim 6:00-7:45a	Open Swim 8:00-9:00a	Water Aerobics 9:00-10:00a	Open Swim 10:00-10:45a	Open Swim 11:00-2:45p				Open Swim 3:00-6:45p			Closed 6:30p					
SATURDAY	CLOSED			Swim Lessons 8:00-10:15a		Swim Lessons 10:30-1:00p			Open 2:30-3:30p		Closed 3:30p							

= LAP SWIM
 = WATER AEROBICS
 = SUMMER SWIM TEAM
 = HIGH SCHOOL
 = FAMILY/OPEN SWIM
 =RAC
 SWIM LESSONS

Lifeguards have final authority on all pool safety rules and lane changes. Please be mindful of special events that may alter this schedule.
Pool temperature is set to 82-85 degrees per YMCA Safety Standards.