



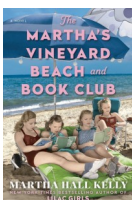
AOA June 2026

West Cabarrus YMCA

Game Day - Conference Room
Thursday, June 4, and 18
11:30 am - 1pm

Line Dancing - Studio A
Friday, June 5 and 19 from 12:00 – 2:45 pm

Book Club - Conference Room
Thursday, June 18, 9:30 am
"Martha's Vineyard Beach and Book Club," by Martha Hall Kelly



July Selection - "First Lie Wins,"
by Ashley Elston



Mahjong - Chapel
2:30 pm every Wednesday



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Knorr Spinach Dip



- 1 box (10 oz.) frozen chopped spinach, cooked, cooled and squeezed dry
- 1 container (16 oz.) sour cream
- 1 cup Mayonnaise
- 1 package Knorr® Vegetable (soup) Recipe Mix
- 1 can (8 oz.) water chestnuts, drained and chopped (optional)
- 3 green onions, chopped (optional)

1. Combine all ingredients in a bowl
2. Chill Spinach dip for about 2 hours
3. Serve with your favorite dippers, like pita chips, veggies, crackers or Hawaiian bread

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