



AOA August 2026

West Cabarrus YMCA

Game Day - Conference Room

Thursday, Aug 6, and Teen Center on Tuesday
Aug 18, from 11:30 am - 1 pm

Line Dancing - Studio A

Friday, Aug 7 and 21 from 12:00 - 2:45 pm

Book Club - Conference Room

Thursday, Aug 20, 9:30 am

"A Calamity of Souls," by David Baldacci

September's Selection: "News of the World," by Pau-
lette Jiles

Mahjong - Chapel

2:30 pm every Wednesday

2nd Annual Day of Fun Aug 27 (details on
back)

Coming back in September:
Lunch and Learn on Sept 24
Bingo on Sept 29



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Day of fun flyer will be here