

KANNAPOLIS YMCA SWIM LESSONS

- **Weekday lessons will take place twice a week on Tuesdays and Thursdays.**
- **All Lessons are 30 minutes long and will take place in the lap pool.**
- **Space is limited for all classes. We will do out best to accomodate space.**
- **Due to high demand of lessons, cancelations after the first class will result in 50% refund. No refunds are issued if canceling after the second day of class or later.**

SESSION	REGISTRATION	DATES	PRICE
Session 1 Saturdays	11/23/26-12/18/26	1/9/27-3/6/27	M $80 I NM $120
Session 2 Saturdays	2/8/27-3/5/27	3/20/27-5/22/27	M $80 I NM $120
SESSION	**REGISTRATION**	**DATES**	**PRICE**
Session 1 Weekdays	1/4/27-1/30/27	2/8/27-3/4/27	M $80 I NM $120
Session 2 Weekdays	2/26/27-3/5/27	3/15/27-4/8/27	M $80 I NM $120

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PARENT CHILD CLASSES 6-35 Months	TUESDAY & THURSDAY	SATURDAY
Stage A: Water Discovery 6-18 months		9:40a
Stage B: Water Exploration 19-35 months		10:15a
PRESCHOOL CLASSES 3-5 year olds	**MONDAY & WENDSAY**	**SATURDAY**
Stage 1: Water Acclimation	3:15p | 3:50p	9:45a | 11:30a | 12:05p
Stage 2: Water Movement	4:25p	10:50a | 12:35p
Stage 3: Water Stamina		8:30a | 12:35p
SCHOOL AGE CLASSES 6-12 year olds	**MONDAY & WEDNESDAY**	**SATURDAY**
Stage 2: Water Movement	5:00p | 7:05p	9:10a | 10:55a
Stage 3: Water Stamina	5:35p	8:35a | 12:30p
Stage 4: Stroke Introduction	6:10p	9:05a
Stage 5: Stroke Development		10:20a
Stage 6: Stroke Mechanics		11:25a
Teen Adult Class	7:40p	12:00p